

# Anti-*Candida albicans* activity and brine shrimp lethality test of *Hevea brasiliensis* latex B-serum

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**Abstract. – Background and Objectives:** *Hevea brasiliensis* extracts could potentially be employed as a relatively low cost resource for various anti-fungal activities due to the simplicity of the extract preparation and its abundance especially in the tropical region. Latex B-serum was reported to have anti-cancer property and its specificity in anti-fungal property has not been elucidated. The present study was conducted to determine the anti-fungal activity of *Hevea* latex B-serum against *Candida (C.) albicans* (a rounded cell fungus) and *Aspergillus (A.) niger* (a filamentous fungus).

**Methods and Results:** The results showed that the anti-fungal activity of latex B-serum was specific to *C. albicans* but not to *A. niger*. The MIC value of latex B-serum for *C. albicans* was found to be 2.5 mg/ml. The time-killing profile showed that the growth of *C. albicans* was inhibited and the inhibition was prolonged throughout the tested time period. Brine shrimp toxicity test showed an LC<sub>50</sub> of 461.0 mg/ml with latex B-serum, indicating the non-toxicity of the serum.

**Conclusion:** Further purification and identification of the crude extract should point the way to bioactive compound(s) responsible for anti-*Candida* activity.

**Key Words:**

*Hevea brasiliensis*, Latex B-serum, *Candida albicans*, *Aspergillus niger*, Anti-fungal, Brine shrimp lethality test.

## Introduction

*Candida (C.) albicans* is a member of the normal flora of the gastrointestinal tract that often causes serious oral and vaginal mucosa invasion and systemic disease in hosts with impaired im-

mune defenses. *C. albicans* is the most causative agent associated with serious fungal infection, accounting for more than 90% of candidiasis cases<sup>1,2</sup>, known as the most common invasive fungal infection in critically ill non-neutropenic patients<sup>3</sup>.

The management of *Candida* infections faces a number of challenges including limited number of effective anti-fungal drugs, toxicity level of the available anti-fungal drugs, resistance of *Candida* to commonly used anti-fungal drugs, relapse of *Candida* infections and the high cost of anti-fungal drugs<sup>4-7</sup>. The difficulties associated with the management of *Candida* infections necessitate the discovery of new anti-fungal agents in order to increase the spectrum of activity against *Candida* and combat strains expressing resistance to the available anti-fungal drugs.

*Hevea brasiliensis*, although primarily cultivated for rubber elastomer contained in its latex, is also known for other valuable constituents. The latex itself contains proteins, lipids, quebrachitol, ribonucleic acids and organic salts in relatively small amounts, consistent with its cytoplasmic nature<sup>8-12</sup>. While some of the diverse inherent constituents of *Hevea (H.)* have been acknowledged and further developed, research on the disease prevention and therapeutic potential of the plant, however, remained scarcely explored. In addition to its industrial applications, *Hevea* leaf hydroxynitrile lyase has been employed to synthesize active cyanohydrins for use as pharmaceuticals<sup>13</sup>. Recently it was reported that a sub-fraction of latex B-serum exerted specific anti-proliferative properties against a cancer-origin cell line<sup>14</sup>.

*H. brasiliensis* sera could potentially be employed as a relatively low cost resource for various anti-microbial activities due to the simplicity

of the method of preparation and the abundance of the source material in rubber producing regions. However, the anti-fungal property of the latex sera has either not been extensively explored or the results obtained were not conclusive (as in latex B-serum) so far. Latex serum had been reported to be anti-microbial due to the presence of hevein, a chitin binding protein, and a number of hydrolytic enzymes<sup>15-17</sup>, which are contained mainly in latex B-serum. Nevertheless, it has been suggested that latex B-serum alone was not sufficient to cause an inhibition of yeast growth<sup>18</sup>. Other reports tried to attribute the anti-fungal property of latex B-serum to the enzymatic activities<sup>19</sup>. The present study was aimed at examining the anti-fungal property of latex B-serum based on the difference between *C. albicans* (a rounded cell fungus) and *Aspergillus niger* (a filamentous fungus).

## Materials and Methods

### **Preparation of Latex B-Serum**

Latex was collected from field-grown RRIM 600 trees at the Rubber Research Institute of Malaysia Research Station, Sungai Buloh. To prepare latex B-serum, fresh latex collected in chilled flasks was fractionated by centrifugation at 44,000 g at 4°C. The latex separates into three distinct parts upon high-speed centrifugation<sup>20</sup>. Latex B-serum was prepared from this based on a method previously described<sup>21</sup>. Briefly, after removal of the rubber cream and C-serum, the sediment at the bottom of the centrifuge tube was collected and re-suspended in 0.4 M mannitol to aid the removal of remnant C-serum while retaining the lutoids intact. The cleansed bottom fraction was recovered after another centrifugation and subjected to alternate freezing and thawing cycles to rupture the lutoids. The fluid from the lutoids, the B-serum was recovered by centrifugation and lyophilized for subsequent use. Lyophilized powder of latex B-serum was reconstituted with 1X phosphate buffered saline (PBS). Serial dilutions of the serum were performed to prepare working concentrations ranging from 2-2000 µg/ml.

### **Brine Shrimp Lethality Test (BSLT)**

The procedure for BSLT was modified from the assay described by McLaughlin *et al.*<sup>30</sup>. Brine shrimp (*Artemia salina*) eggs (Sanders™

Great Salt Lake, Brine Shrimp Company L.C., Utah, USA) were hatched in artificial sea water prepared from commercial sea salt (38 g sea salt per litre deionized water) with constant light source and oxygen supply after 24 hours of incubation. Latex B-serum was used to prepare serial diluted working concentrations of 2-2000 µg/ml in sea water respectively. Each concentration had three replicates and (PBS and sea water) in 2.4 ml sea water. Ten 48-hour-old nauplii were added into each concentration and adjusted to 4.8 ml sea water. Brine shrimp were then incubated for 24 hours under a constant light source and the number of living nauplii was counted the next day. Lethal concentration (LC<sub>50</sub>) for brine shrimp with 95% confidence level was determined by *Probit analysis*<sup>22</sup> on a Finney computer program BioStat™ 2009 (AnalystSoft Inc., Vancouver, Canada). Percentage mortalities were corrected for the natural mortality observed in the negative controls using Abbott's formula,  $P = (p_i - C) / (1 - C)$ , where  $p_i$  denotes the observed mortality rate and C means the natural mortality<sup>22</sup>.

### **Preparation of Fungal Inoculums**

*C. albicans* (ATCC 10231) and *A. niger* (ATCC 9142) were used as the test organisms and was obtained from the laboratory stock culture. Fungal culture was cultured on potato dextrose agar (PDA) at 28°C for 48 to 96 hours. The stock culture was maintained on the slant agar at 4°C.

### **Screening for Anti-Fungal Activity**

The anti-fungal activities of the extracts were determined following the method described by National Committee for Clinical Laboratory Standard (NCCLS, 2001) with slight modification.

### **Disc Diffusion Assay**

The extracts were tested for anti-fungal activity by the disc diffusion method according to the NCCLS (2001). 100 µl of suspension of the tested microorganism that has been adjusted according to 0.5 McFarland standard (10<sup>6</sup> CFU/ml) was used in this assay. Whatman filter paper No. 1 disks of 6 mm diameter were used to screen the anti-microbial activity. Each sterile disk was impregnated with 20 µl of the extract (50 mg/ml of crude extract), amphotericin B (10 µg/ml, as positive control), latex B-serum (10 mg/ml) and phosphate buffer saline (PBS, as negative con-

trol), before it was placed on the surface of the seeded plates. The plates were incubated at 28°C for 48 to 96 hours and examined for zones of growth inhibition.

#### Minimum Inhibitory Concentration (MIC)

A 16-hour culture was diluted with a sterile physiologic saline solution (PS; 0.85 % (w/v) sodium chloride) with reference to the 0.5 McFarland standards to achieve inoculums of approximately ( $10^6$  CFU/ml). A serial dilution was carried out to achieve final concentrations between 0.625-20.00 mg/ml for latex B-serum. The tubes were inoculated with 20  $\mu$ l of the bacterial suspension per milliliter nutrient broth, homogenized, and incubated at 28°C. The minimum inhibition concentration (MIC) value was determined as the lowest concentration of the serum in the broth medium that inhibited the visible growth of the test microorganism.

#### Time-Killing Profile

The time-killing profile of *Candida albicans* with 0.5 MIC, MIC and 2 MIC concentrations over time was plotted to assess the fungicidal effect. The latex B-serum was added to an aliquot of 25 ml of potato dextrose broth (PDB; Difco, Detroit, MI, USA) at 37°C in an amount which would achieve the concentration of 0 mg/ml (control) and the above mentioned MIC concentrations after the addition of the inoculums. Later, a solution of 1 ml inoculums was added to all MIC concentrations. Immediately after the addition of the inoculums, 100  $\mu$ l of culture from each was inoculated onto a potato dextrose agar

plate and incubated at 28°C for 18 hours. The growth of *Candida albicans* was monitored by counting the number of colonies (CFU: Colony Forming Unit) after overnight incubation. The growth of *Candida albicans* was measured every 6 hours for 48 hours.

#### Statistical Analysis

Statistical analysis was performed using one-way ANOVA and  $p$  values less than 5% were considered statistically significant ( $p < 0.05$ ).

## Results

#### Brine Shrimp Lethality Test (BSLT)

The data from brine shrimp lethality test were used to conduct Probit analysis<sup>22</sup>, from where the lethal concentration ( $LC_{50}$ ) for brine shrimp with 95% confidence level was determined with Bio-Stat™ 2009 (AnalystSoft Inc., Vancouver, Canada). The final results are shown in Table I and Figure 1.

The  $LC_{50}$  value for latex B-serum was 461.0 mg/ml. The positive control in which potassium dichromate was used showed an  $LC_{50}$  of 482.7  $\mu$ g/ml (Table II and Figure 2). According to the classification by Meyer et al<sup>23</sup> and Parra et al<sup>24</sup>, crude extracts and pure substances with  $LC_{50}$  value lower than 1000  $\mu$ g/ml are considered bioactive in toxicity evaluation of plant extracts by BSLT. Hence, the latex B-serum could be considered non-toxic against brine shrimp according to the results obtained from the BSLT conducted,

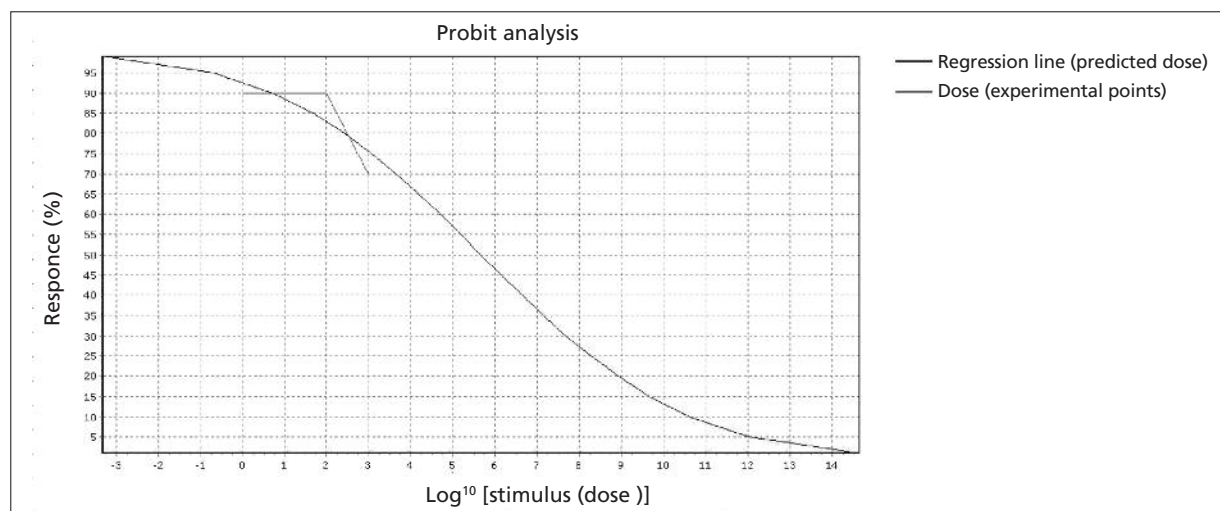


Figure 1. Probit analysis for brine shrimp lethality test with latex B-serum.

Table 1. Probit analysis for brine shrimp lethality test with latex B-serum.

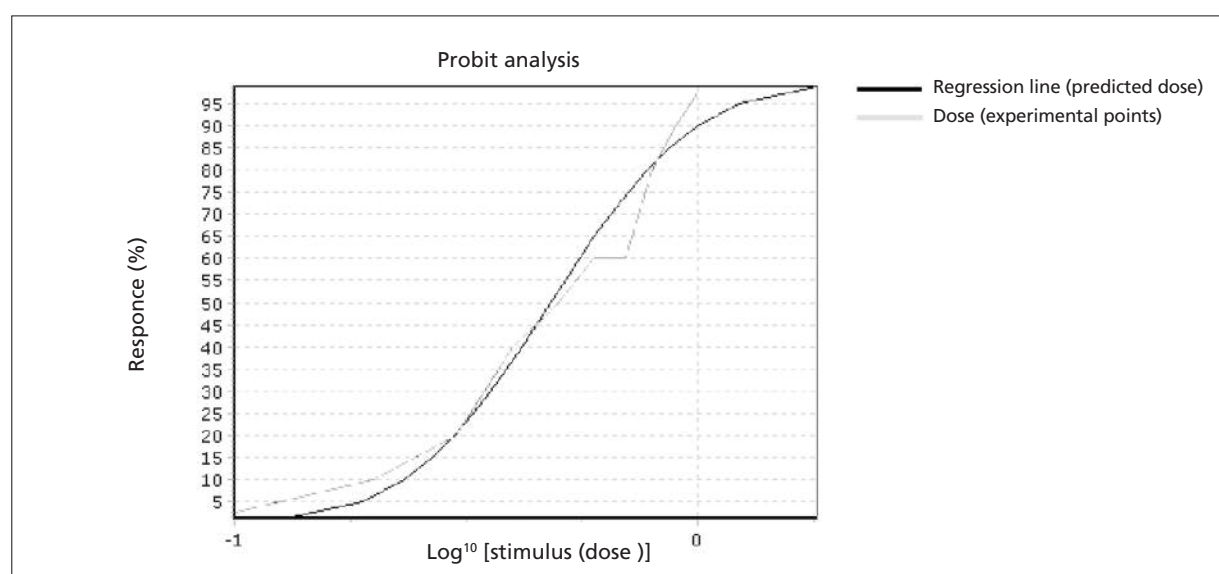
Alpha value [for confidence interval] 0.05						
Probit analysis – Finney method [lognormal distribution]						
Log <sup>10</sup> [dose (stimulus)]	Actual percent (%)	Probit percent (%)	N	R	E <sup>o</sup>	Chi-square
0	0.9	0.9289	10	9	9.2894	-0.2894
1	0.9	0.8866	10	9	8.8662	0.1338
2	0.9	0.8288	10	9	8.2884	0.7116
3	0.7	0.7550	10	7	7.5503	-0.5503
<b>Chi-square</b>						
Chi-square	0.1122					
Degrees of freedom		2.0000				
p-level	0.9454					
Dose (stimulus) percentile						
Percentile	Probit (Y)	Log <sup>10</sup> [Dose (stimulus)]	Standard error	Dose (stimulus)	Standard error	
1	2.6732	14.6412	5.7092	437,704,568,883,762.0000	112,041,963,610,936,000,000.0000	
5	3.3548	12.0115	4.5250	1,026,749,456,678,9400	17,195,295,311,633,500,000.0000	
10	3.7183	10.6090	3.8908	40,648,003,306,5317	158,065,030,831,314,0000	
16	4.0056	9.5005	3.3874	3,166,086,834,9178	3,862,995,447,814,0200	
20	4.1585	8.9103	3.1183	813,462,574,4982	534,077,436,287,5780	
25	4.3258	8.2650	2.8228	184,064,091,3663	61,193,587,437,9320	
30	4.4760	7.6855	2.5560	48,473,180,6825	8,718,336,648,4940	
40	4.7471	6.6396	2.0692	4,361,516,3931	255,720,983,6743	
50	5.0000	5.6637	1.6043	461,046,8548	9,263,501,1601	
60	5.2529	4.6879	1.1161	48,736,3071	316,502,5296	
70	5.5240	3.6420	0.4935	4,385,1920	6,127,3941	
75	5.6742	3.0625	0.3521	1,154,8380	1,042,4026	
80	5.8415	2.4172	0.6131	261,3079	504,2247	
84	5.9944	1.8270	0.6789	67,1378	153,2461	
90	6.2817	0.7185	0.4955	5.2294	7.3481	
95	6.6452	-0.6840	0.8536	0.2070	0.7244	
99	7.3268	-3.3137	2.1605	0.0005	0.0351	
<b>Regression statistic</b>						
LD <sub>50</sub>	461,046,8548	LD <sub>50</sub> standard error	840,957,387.9416			
LD <sub>50</sub> LCL	0.0481	LD <sub>50</sub> UCL	4,419,576,089,008.1400			
Log <sup>10</sup> [LD <sub>50</sub> ]	5.6637	Standard error	3.5621			
Beta	-0.2592	Intercep	6.4679			
Beta standard error	0.2279					

**Table II.** Probit analysis for brine shrimp lethality test with potassium dichromate (positive control).

Dose (stimulus) percentile					
Percentile	Probit (Y)	Log <sup>10</sup> [Dose (stimulus)]	Standard error	Dose (stimulus)	Standard error
1	2.6732	-0.8920	0.1423	0.1282	0.0428
5	3.3548	-0.7233	0.1074	0.1891	0.4720
10	3.7183	-0.0633	0.0894	0.2326	0.4820
16	4.0056	-0.5623	0.0758	0.2739	0.4810
20	4.1585	-0.5645	0.0690	0.2989	0.4770
25	4.3258	-0.4831	0.0618	0.3288	0.0470
30	4.4760	-0.4460	0.0559	0.3581	0.4620
40	4.7471	-0.3789	0.4690	0.4179	0.4520
50	5.0000	-0.3163	0.0415	0.4827	0.4620
60	5.2529	-0.2538	0.0403	0.5575	0.5180
70	5.5240	-0.1867	0.0440	0.6506	0.0660
75	5.6742	-0.1495	0.4790	0.7087	0.0783
80	5.8415	-0.1082	0.0533	0.7795	0.0960
84	5.9944	-0.0703	0.5910	0.8505	0.1161
90	6.2817	0.0008	0.0713	1.0017	0.1652
95	6.6452	0.0907	0.0883	1.2322	0.2522
99	7.3268	0.2593	0.1223	1.8167	0.5184

Regression statistics			
<b>LD<sup>50</sup></b>	<b>0.4827</b>	<b>LD<sub>50</sub></b>	<b>0.0462</b>
LD <sub>50</sub> LCL	0.3933	LD <sub>50</sub> UCL	0.5721
Log <sup>10</sup> [LD <sub>50</sub> ]	-0.0316	Standard error	0.0415
Beta	4.0422	Intercept	6.2787
Beta standard error	0.7635		



**Figure 2.** Probit analysis for brine shrimp lethality test with potassium dichromate (positive control).

whereas the LC<sub>50</sub> for potassium dichromate clearly indicated the high cytotoxicity of the compound.

### Disc Diffusion Assay

The results of anti-*C. albicans* and anti-*Aspergillus niger* activities of latex B-serum by the use of disc diffusion method were represented in Table III; amphotericin B, a standard anti-fungal drug served as positive control in the study.

It was discerned in the disc diffusion assay that latex B-serum had growth inhibitory effects against *Candida albicans*. The diameter of growth inhibition zone of B-serum (10 mg/disc) and was 10.8 mm (Table III). As for the standard anti-fungal drug, amphotericin B (0.05 µg/disc) that was used in the test, the inhibition zone was 35 mm. The negative control (PBS) did not show any growth inhibition on *Candida albicans*. A

**Table III.** Disc Diffusion Assay conducted on *Candida albicans*.

Latex B-serum (10 mg/ml)	Amphotericin (10 µg/ml)	PBS
10.8 mm	35.0 mm	6.0 mm

**Table IV.** Disc Diffusion Assay conducted on *Aspergillus niger*.

Latex B-serum (10 mg/ml)	Amphotericin (10 µg/ml)	PBS
6.0 mm	35.0 mm	6.0 mm

**Table V.** Statistical analysis showed that latex B-serum significantly affects a single test organism, namely *Candida albicans*, but not *Aspergillus niger* and the control (PBS). Both the inhibition zone for *A. niger* and the control (PBS) is not visible (6.0 mm).

		DDA (mm)		
Test organism	N	Subset for alpha = 5		
		1	2	
Tukey HSD <sup>a</sup>	PBS (control)	3	6.000	
	<i>Aspergillus niger</i>	3	6.200	
	<i>Candida albicans</i>	3		10.800
	Sig		.669	1.000
Duncan <sup>a</sup>	PBS (control)	3	6.000	
	<i>Aspergillus niger</i>	3	6.200	
	<i>Candida albicans</i>	3		10.800
	Sig		.410	1.000

similar assay conducted against *Aspergillus niger* yielded a negligible inhibition zone of 6.0 mm with latex B-serum (Table IV), a value similar to that of the negative control (PBS), showing that there was no anti-*A. niger* activity exerted by latex B-serum. Statistical analysis confirmed that latex B-serum significantly affects growth of *Candida albicans*, but not *Aspergillus niger* (Table V).

In view of the results obtained from the disc diffusion method, subsequent tests were performed to determine the minimum inhibitory concentration (MIC) values of latex B-serum against *C. albicans*.

### Determination of Minimum Inhibitory Concentration (MIC) and Time Killing Profile

The potency of anti-*Candida albicans* activity of latex B-serum was assessed quantitatively by determining the MIC, as given in Table VI. The MIC value against *C. albicans* for latex B-serum was found to be 2.5 mg/ml, whereas that against amphotericin B was 0.0625 mg/ml.

The MIC values confirmed the inhibitory effects of latex B-serum on *C. albicans* tested in the study. The growth profile of *C. albicans* in PDB in the presence of latex B-serum at 0.5 MIC, MIC, 2 MIC and control is shown in Figure 3.

In the cases of one and two fold MIC concentrations, the growth of *C. albicans* was inhibited by latex B-serum within 6 hours and subsequent recovery of growth was not seen (Figure 3). The growth profile suggested that the extracts significantly inhibited the growth of *C. albicans* and also prolonged anti-*Candida* activity against the

**Table VI.** Minimum Inhibitory Concentration determined using *C. albicans* cultured in the presence of latex B-serum and of amphotericin.

Latex B-serum (mg/ml)	Amphotericin ( $\mu\text{g/ml}$ )
2.50	0.0625

organism as determined by the growth curves. The MIC concentrations altered the normal growth profile for *C. albicans* when compared to the control (with no extract present). The finding confirmed the fungicidal effect of latex B-serum on *C. albicans* at the MIC concentration.

### Discussion

The search for safer and more effective anti-fungal agents is important with the increasing number of resistant strains of *C. albicans* to a number of anti-fungal agents<sup>25,26</sup>. Hence, there is a need for developing wider variety of anti-fungal agents for the treatment of fungal diseases.

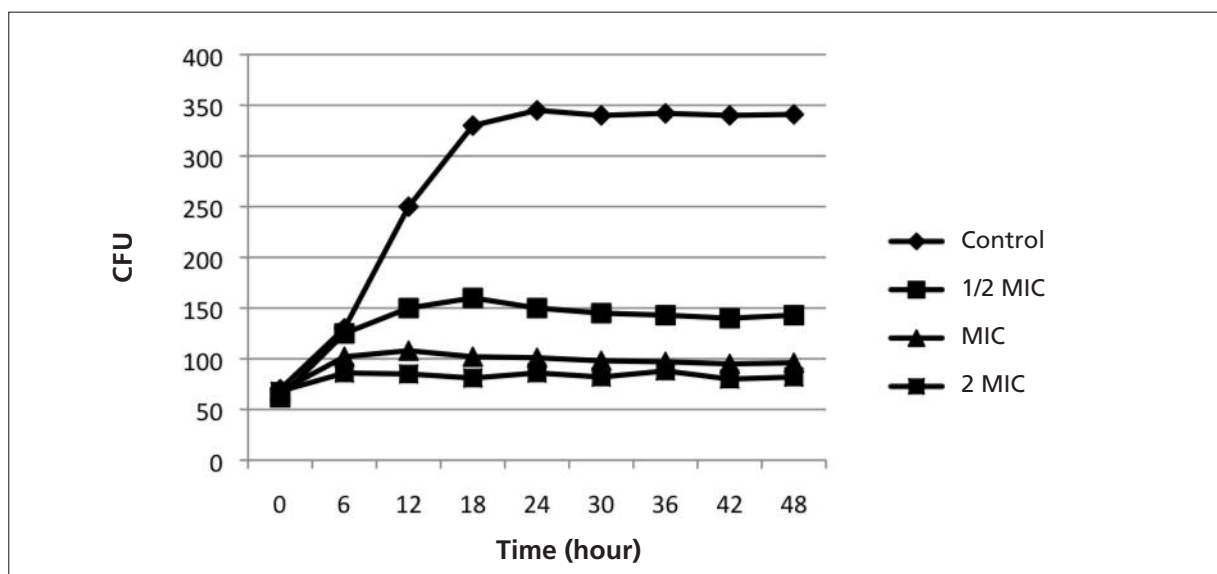
The present study was aimed at the investigation of anti-fungal activity of latex B-serum against *C. albicans* (a rounded cell fungus) and *A. niger* (a filamentous fungus). The results obtained from the diffusion method, showed that latex B-serum exhibited favorable anti-fungal ac-

tivity selectively against *C. albicans* but not against *A. niger*. The MIC values obtained for the serum against *C. albicans* also supported the findings of the disc diffusion assay. Furthermore, the MIC for latex B-serum suggested that its use to treat *C. albicans* infection might be possible due to its non-toxicity demonstrated in BSLT. The possibility was further strengthened by the alteration of the normal growth profile of *C. albicans* by the extracts at the MIC concentration.

Interestingly, the anti-fungal property observed in our study suggested that latex B-serum sourced from fresh field latex alone is sufficient to cause an inhibition of yeast growth. Earlier investigations using ammoniated *Hevea* latex and sera fractions, however, did not yield measurable anti-fungal activity<sup>18,27</sup>.

The BSLT represents a rapid, inexpensive and simple bioassay for testing plant extracts bioactivity which in most cases correlates reasonably well with cytotoxic and anti-tumor properties. The degree of lethality was found to be directly proportional to the concentration of the extract<sup>23</sup>. BSLT results revealed that toxicity level for latex B-serum was considerably low. It is also interesting to note that latex B-serum showed significant high levels of anti-yeast property without affecting the survival of *A. salina*.

When compared to amphotericin B, the anti-fungal property of latex B-serum was not as strong as the standard anti-fungal agent. This might be due to the inhibition of certain anti-



**Figure 3.** Growth profile for *Candida albicans* for the first 48 hours in PDB in the presence of various concentrations of latex B-serum: control (0), 1/2 MIC (1.25 mg/ml), MIC (2.5 mg/ml) and 2 MIC (5.0 mg/ml).

fungal compound(s) by the other molecules in the extracts. For latex B-serum, this phenomenon had been observed in the anti-proliferation assay conducted previously with the sub-fractions of the B-serum, wherein the BHM sub-fraction exerted the anti-proliferation property against HeLa cells, but not the BLM sub-fraction<sup>14</sup>. It is expected that further fractionating the B-serum into more specific sub-fractions may result in more effective anti-fungal properties.

If proven safe in further *in vivo* tests, the serum or its active fraction(s) may be used as an anti-fungal agent in known dosages, especially in rural communities where conventional drugs are unaffordable or unavailable and the health facilities are inaccessible. Our results indicate that the natural products analyzed seemed to be a good choice for the development of new strategies to treat *C. albicans* infection.

Nevertheless, caution should be exercised due to the allergenic proteins contained in latex B-serum<sup>17, 28</sup>, precautions should be taken if used on human, and its use should be limited to those who are not affected by latex allergens.

Patients undergoing chemotherapy are vulnerable to opportunistic infections due to the partial impairment of their immune system. As *C. albicans* is an opportunistic disease causative agent that attacks the hosts with impaired immune system, the anti-fungal property of the latex B-serum could mean an additional advantage in anti-cancer treatment using the serum. If used in cancer treatment, at the same time of application of the serum in anti-proliferation treatment for cancer cells, the serum itself could exert its anti-fungal properties without having the need to introduce additional anti-fungal agents to prevent the opportunistic infection of *C. albicans*.

Interestingly, the expected presence of chitinases,  $\beta$ -1,3-glucanases and lysozyme in latex B-serum<sup>15,19</sup>, which are among the potential anti-fungal/ anti-microbial agents of the B-serum, had little effect on *A. niger*. Our findings indicated that the latex B-serum exhibited an anti-fungal activity against *C. albicans*, but was inactive against *A. niger* (Table IV). It is possible that the mode of anti-*C. albicans* action of B-serum compound(s) leading to the results observed in this study was ineffective in the case of *A. niger*. The reason could be the constituents of the envelope of the two fungi are different. It had been reported that the difference in dry weight of chitin present on the envelope of filamentous fungus was ten times higher than that

on rounded cell fungus (yeast)<sup>29</sup>. Chitin microfibrils have enormous tensile strength and significantly contribute to the overall integrity of the cell wall. If the anti-fungal activity of latex B-serum relied principally in the disruption of the chitin structure, the difference in the composition of chitin on the envelope of the organisms would play a crucial role in the outcomes. Alternatively, the envelope of *A. niger* might have additional composition that prevent the activity of the enzymes from acting on it.

## Conclusion

Although the substances contained in latex B-serum should be further studied to analyze its effectiveness as a species-specific anti-fungal agent and its potential synergistic action with other anti-fungal agents, the results of this study have demonstrated that latex B-serum might offer great prospects for the production of new species-specific anti-fungal agent. These findings would probably add value to the existing therapeutic properties of the plant extract such as anti-proliferation property of latex B-serum in cancer-origin-cell-line specific manner<sup>14</sup>.

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