

Clinical value of serum hepatocyte growth factor, B-cell lymphoma-2 and nitric oxide in primary breast cancer patients

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Abstract. – OBJECTIVES, The present study was undertaken to determine the clinical significance of serum levels of HGF, Bcl-2 and NO in the diagnosis and prognosis of breast cancer patients.

PATIENTS AND METHODS, Forty four primary invasive breast cancer patients and fifteen health control subjects were enrolled in the present study. Serum HGF, Bcl-2 and NO levels were assayed and correlated with clinico pathological parameters. ROS curve analysis was also done for each biochemical marker.

RESULTS, The mean level of HGF was 1198.79 ± 76.32 pg/ml versus 884.67 ± 66.88 pg/ml for the control ($p = 0.026$). The HGF levels were significantly elevated in the patients with increasing the tumor stage ($p = 0.036$). In addition, HGF levels were markedly increased in negative estrogen receptor patients ($p = 0.039$). The mean level of Bcl-2 in patients was 12.83 ± 1.97 ng/ml versus 5.09 ± 0.40 ng/ml in control ($p = 0.027$). Levels of Bcl-2 were elevated but not statistically significant in patients with grade I (G1) tumors, negative nodes, ER negative tumors and postmenopausal patients ($p = 0.4, 0.8, 0.7$ and 0.5 , respectively). The patients mean serum levels of NO were 63.07 ± 4.14 μ mol/L versus 43.99 ± 4.21 μ mol/L in control ($p = 0.014$). The levels of NO were elevated but also not statistically significant in patients with tumor size I, G1 tumors, ER negative tumors, positive nodes, stage II tumors and postmenopausal patients ($p = 0.3, 0.6, 0.3, 0.7, 0.3$ and 0.2 respectively). From the ROC curve analysis, it was observed that the area under curve for HGF, Bcl-2 and NO was 0.695, 0.842 and 0.711, respectively. This result indicates the good validity of the above biomarkers especially Bcl-2 to discriminate the ER positive from the negative tumors in primary breast cancer patients.

CONCLUSION, This study demonstrates that the serum levels of HGF, Bcl-2 or NO may help in the diagnosis of breast cancer patients and may aid in disease prognosis. However, larger study with more patients are required.

Key Words:

HGF, Bcl-2, NO, Breast cancer, Diagnosis, Prognosis.

Introduction

Breast cancer is the second most common cancer in the world, and is the most common cancer in women¹. In excess of 1.2 million cases are detected every year, affecting 10-12% of women and responsible for approximately 500,000 deaths per year². The ability to detect human malignancy via a simple blood test has long been a major objective in medical screening. The advantages of such an easy to use, relatively non-invasive and the operator-independent test are self-evident. In this respect, cancer biomarkers might be DNA, mRNA, proteins, metabolites, or processes such as apoptosis, angiogenesis or proliferation³.

HGF is a cytokine which induces morphogenesis, proliferation, motility and angiogenesis⁴. In normal mammary development, HGF in collaboration with other growth factors such as neuregulin stimulates tubulogenesis in a tightly controlled paracrine manner⁵. HGF is primarily expressed by mesenchymal/stromal cells, whereas its receptor, Met, is expressed selectively by epithelial cells, thereby creating a paracrine regulatory system⁶. In normal breast tissue, HGF-and-Met paracrine system has a low basal level of expression⁷. Over-expression of Met⁸ and HGF⁹ in breast tumors and of HGF in the sera¹⁰ of breast cancer patients has been found to be independent predictors of recurrence and decreased patient survival. HGF has antiapoptotic effects¹¹ and the recent studies suggested that HGF could suppress cell apoptosis by up regulating the expression of Bcl-xl, an antiapoptotic protein¹². The suppression of apoptosis contributes to carcino-

genesis, as well as to a resistance to chemotherapy and radiotherapy¹³. Apoptosis appears to be controlled by several genes. A group of genes with sequences homologous to bcl-2 modulate cell death and can be divided into two functionally antagonistic groups: suppressors, such as Bcl-2, and cell promoters, such as Bax. Homo or heterodimerization is important for the apoptotic regulatory function of the bcl-2-related proteins. The ratio between Bax/Bcl-2 heterodimers appears to be essential in deciding the life or death of a cell. When Bax predominates, apoptosis is accelerated and the antiapoptotic activity of Bcl-2 is antagonized^{14,15}.

B-cell lymphoma -2 (Bcl-2) protein is a member of the bcl-2 family that regulates apoptosis¹⁶ and it is expressed in normal glandular epithelium. Its tumorigenic potential has been demonstrated in animal models¹⁷ and is supported by the finding of over expression of Bcl-2 in a variety of tumors and in lymphomas in which Bcl-2 acts as an oncogene¹⁸. It has been found that Bcl-2 is over expressed in 25-50% of breast cancers¹⁹. High expression of Bcl-2 is considered as a good prognostic factor in patients with breast cancer^{20,21}. High expression of Bcl-2 has been observed in ER-positive breast cancers as well as in progesterone receptor (PR) – positive breast cancers^{22,23}.

Nitric oxide (NO) is a free radical acting as a gaseous messenger that affects various biological functions, either at low concentrations as a signal transducer in many physiological processes (e.g., blood flow regulation, smooth muscle relaxation, iron homeostasis, platelet reactivity, neurotransmission) or at high concentrations as a cytotoxic defensive mechanism against pathogens and perhaps tumors²⁴. Moreover, accumulating evidence suggests that chronically elevated levels of NO are involved in the pathogenesis of some human pathological conditions, such as cancer²⁵. NO production is a part of the angiogenic switch in tumor development^{26,27}. It may promote tumor growth by modulating the production of prostaglandins as NO can activate cyclooxygenase-2 (COX-2)^{28,29} that, by generating prostaglandins, promotes angiogenesis and inhibits apoptosis³⁰.

The aim of the present work is to determine the clinical value of estimating serum levels of HGF, Bcl-2 and nitric oxide in patients with primary breast cancer. This could be achieved via collecting these parameters with the clinicopathological data of the patients. This may help in distinguishing subsets of breast cancer patients and optimizing the therapeutic approaches.

Patients and Methods

Forty-four patients with primary invasive breast cancer were included in the present study. All the patients met the following criteria: (1) diagnosed as having primary invasive breast cancer, (2) no clinical manifestation of infection, (3) had no other known malignancy. All the 44 patients were women ages 23 to 56 years (median, 36 years). Also, a group of 15 healthy females was served as control. The diagnosis was carried out by biopsy and imaging studies. The data of primary tumor stage, age, estrogen receptor status, progesterone receptor status, tumor size, lymph node status and histological grade were collected from Damietta Cancer Institute. Venous blood samples were collected before the surgery and the serum samples were obtained by centrifugation and stored at -70°C until assayed.

Circulating HGF and Bcl-2 were evaluated by solid-phase enzyme-linked immunosorbent assay (RayBiotech, Inc and Bender MedSystems GmbH (Germany), Vienna (Austria), respectively) using 96-well microplates in accordance with the manufactures instruction. The color conducted is stopped with stop solution, and the optical density was measured at 450 nm and the reference filter was 620 nm. A standard curve was constructed by plotting the mean absorbance obtained from each standard against its concentration. The best fit curve through the points of the graph was drawn. From these standard curves, the concentrations of HGF and Bcl-2 for patients and control under the study were obtained. The obtained concentrations from the standard curve of Bcl-2 were multiplied by the dilution factor (x 5) due to 1:5 dilution of the samples. Detection limit for HGF was less than 8 pg/ml while that of Bcl-2 was less than 0.5 ng/ml^{31,32}.

Quantitative estimation of serum nitric oxide was carried out colorimetrically according to the method of Montgomery and Dymock³³, nitric oxide kit manufactured by Biodiagnostic (Cairo, Egypt). The principle of the test is based on the enzymatic conversion of nitrate to nitrite by nitrate reductase. The reaction is followed by the colorimetric detection of nitrite as a deep purple azo compound. The optical density was measured at 540 nm.

Statistical Analysis

Data were expressed as mean \pm SEM and were analyzed using Medcal software, version 11. The Student's t test was used to assess the significance of difference in the levels of HGF, Bcl-2

and NO between the patients group and the control group. One-way ANOVA was performed to differentiate the parameter within the same group of clinical data. The cut-off value was determined for each of the measured serum parameters in the current study according to the best discrimination between patients and control regarding optimal values of sensitivity and specificity using ROC curves analysis. AUC of the ROC curve was calculated for each test. $p < 0.05$ was accepted as significant.

Results

The characteristics of our patients are shown in Table I. The median age was 36 (23-56) years. All patients were with invasive ductal carcinoma, of which 7 (15.9%) with grade I, 29 (65.9%) with grade II and 8 (18.2 %) with grade III. Thirty-two patients were premenopausal (72.7%) and 12 were postmenopausal (27.3 %). The mean and standard error of mean (SEM) for serum HGF, Bcl-2 and NO levels in patients with breast cancer and control were depicted in Table II. Serum HGF concentrations of the breast cancer patients showed significant increase when compared with those of the control (1198.79 pg/ml versus 884.67 pg/ml, respectively, $p = 0.026$). There was also, significant increase in Bcl-2 serum levels in breast cancer patients when compared with those of the healthy control (12.83 and 5.09 ng/ml, respectively, $p = 0.027$). In addition, serum NO level revealed significant increase in patients with breast cancer when compared to those of the control (63.07 and 43.99 $\mu\text{mol/L}$, respectively, $p = 0.014$).

Table III illustrated the correlation between serum levels of HGF, Bcl-2 as well as NO and clinicopathological data of the patients. The results revealed that there was significant elevation of HGF level in sera of the patients with negative estrogen receptor ($p = 0.039$) compared with that of patients with positive receptors. Also, there was significant elevation of HGF level in sera of the pa-

Table I. Patients' characteristics.

Parameters	N	%
Age median	36 (23-56)	
Tumor size		
T1 < 2	26	59.1
T2 2-5	11	25
T3 > 5	7	15.9
Auxiliary lymph node		
Positive	28	63.64
Negative	16	36.36
Clinical stage		
Stage I	28	63.64
Stage II	16	36.36
Pathological grade		
Grade I	7	15.9
Grade II	29	65.9
Grade III	8	18.2
Estrogen receptor		
Positive	18	40.9
Negative	26	59.1
Progesterone receptor		
Positive	19	43.2
Negative	25	56.8
Menopausal status		
Premenopausal	32	72.73
Postmenopausal	12	27.27

Data were expressed as mean standard error. *Significant.

tients with clinical stage II ($p = 0.036$) compared with that of patients with clinical stage I. Table III showed that there were decreased Bcl-2 mean levels in the patients with the increasing the grade, but the difference was not statistically significant ($p = 0.4$). In addition, there was insignificant increase in the Bcl-2 serum levels in the postmenopausal patients compared with those in premenopausal ones ($p = 0.5$). Also, the data in Table III. revealed that there were insignificant variations in nitric oxide serum levels with the clinicopathological parameters of the patients.

The receiving operating characteristic (ROC) curve was designed for HGF, Bcl-2 and NO (Figure 1, 2 and 3). The cut-off value for HGF, Bcl-2 and NO was >1110, >5.5 and >60, respective-

Table II. The mean serum levels of HGF, Bcl-2 and NO of the patients compared with those of the control.

	HGF (pg/ml)	Bcl-2 (ng/ml)	NO ($\mu\text{mol/L}$)
Patients	1198.79 \pm 76.32	12.83 \pm 1.97	63.07 \pm 4.14
Control	884.67 \pm 66.88	5.09 \pm 0.40	43.99 \pm 4.21
p versus control	0.026*	0.027*	0.014*

Data were expressed as mean standard error. *Significant.

Table II. Correlations of HGF, Bcl-2 and NO with clinicopathological data of patients.

Parameter	HGF (pg/ml)	Bcl-2 (ng/ml)	NO ($\mu\text{mol/L}$)
Tumor size			
T1 < 2 cm	1147.95 \pm 82.48	11.93 \pm 2.61	67.34 \pm 4.65
T2 2–5 cm	1145.46 \pm 171.21	15.36 \pm 4.82	61.76 \pm 11.59
T3 > 5 cm	1471.43 \pm 256.12	12.207 \pm 2.43	49.28 \pm 6.35
<i>p</i> -value	0.306	0.766	0.305
Pathological grade			
Grade I	1230.57 \pm 146.35	18.50 \pm 7.67	72.51 \pm 9.48
Grade II	1103.75 \pm 92.33	12.33 \pm 2.32	62.36 \pm 5.40
Grade III	1515.5 \pm 194.89	9.66 \pm 1.80	57.37 \pm 8.50
<i>p</i> -value	0.123	0.410	0.561
Estrogen receptor			
Positive	1011.33 \pm 110.95	11.94 \pm 2.47	57.68 \pm 7.18
Negative	1328.57 \pm 97.53*	13.44 \pm 2.89	66.80 \pm 4.92
<i>p</i> -value	0.039	0.713	0.283
Progesterone receptor			
Positive	1201.79 \pm 126.85	11.989 \pm 3.05	54.85 \pm 4.85
Negative	1196.51 \pm 95.89	13.470 \pm 2.62	69.32 \pm 6.06
<i>p</i> -value	0.97	0.714	0.08
Menopausal status			
Premenopausal	1216.65 \pm 94.71	12.08 \pm 2.09	66.27 \pm 5.14
Postmenopausal	1151.17 \pm 125.69	14.83 \pm 4.71	54.54 \pm 6.16
<i>p</i> -value	0.707	0.540	0.210
Auxiliary lymph node			
Positive	1111.67 \pm 91.36	12.45 \pm 2.39	64.33 \pm 4.66
Negative	1351.251 \pm 131.11	13.50 \pm 3.53	60.87 \pm 8.13
<i>p</i> -value	0.133	0.800	0.692
Clinical stage			
Stage I	989.38 \pm 97.85	12.40 \pm 2.46	59.62 \pm 5.12
Stage II	1318.46 \pm 100.39*	13.59 \pm 3.39	69.11 \pm 6.96
<i>p</i> -value	0.036	0.733	0.274

Data were expressed as mean standard error. *Significant.

ly. Area under curve (AUC) for HGF, Bcl-2 and NO was 0.695, 0.842 and 0.711, respectively. This result indicates the good validity of the above biochemical markers particularly Bcl-2 to discriminate the ER positive from the negative tumors in primary breast cancer patients.

Discussion

Biomarkers accepted for clinical use in breast cancer, such as CA 15-3, CEA and CA 27-29, have low sensitivity and specificity, and thus they are more useful for patients at an advanced stage of breast cancer rather than for early cancer diagnosis³⁴. Therefore, there is a need for new biochemical parameters to help in diagnosis and prognosis of primary breast cancer. The present study deals with evaluating serum HGF, Bcl-2 and NO levels and correlating these markers with the clinicopathological parameters of primary breast cancer patients.

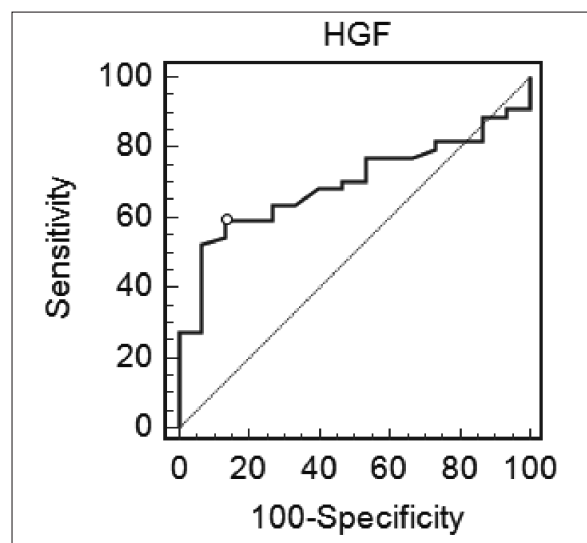


Figure 1. Roc curve of HGF, area under curve equal 0.695, $p = 0.0044$.

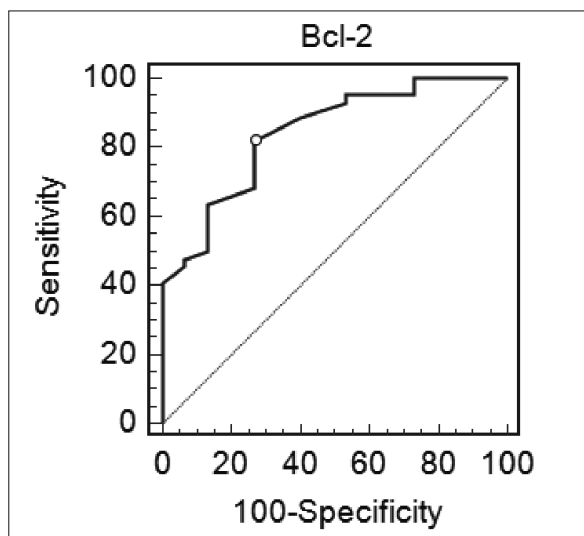


Figure 2. Roc curve of Bcl-2, area under curve equal 0.842, $p = 0.0001$.

HGF was originally identified both as a mitogen for parenchymal liver cells and as a fibroblast-secreted protein responsible for the scattering of polarized epithelial cells (hence the alternative name, scatter factor). HGF and its receptor Met, a tyrosine kinase mediated product of the c-met proto-oncogene, are involved in a number of physiological activities, including cell proliferation, motility, migration, and invasion. In tumors, HGF disrupts adherens junctions and promotes cell dispersal, so stimulating invasive capacity³⁵. It was reported that HGF receptor is widely distributed in various epithelial cells including tumor cells but obviously not in mes-

enchymal cells³⁶. HGF production was found in the stromal component but not in the epithelial component of the breast³⁷. Because it has been reported that HGF is a modulator of epithelial cell proliferation and motility for a broad spectrum of cell types³⁸, it is tempting to speculate that HGF originating from breast stromal cells may play a crucial role in facilitating breast cancer cell invasion and metastasis. HGF is a mitogen for vascular endothelial cells (VECs)³⁹. Maejima et al³⁹ reported that the proliferative effect was partly dependent on nitric oxide synthesis, which was itself regulated by Src family kinases. Bell et al⁴⁰ found that HGF secreted from adipose cells is involved in local angiogenesis, and specifically in the migration of VECs. Other investigators have demonstrated the induction of VEC protease production by HGF⁴¹, and a consequent stimulation of VEC migration⁴² and endothelial tube formation⁴⁰.

In the present study, it was detected that HGF serum levels were significantly elevated in the patients compared to those in control ($p = 0.026$). Furthermore, there were significantly higher serum levels of HGF in patients parallel with higher tumor stage ($p = 0.036$). Thus, the preoperative level of serum HGF may reflect the severity of invasive breast cancer and may be useful to pick up the higher risk patients for more aggressive treatment. This result is consistent with Sheen-Chen et al⁴³ who indicated that the mean value of serum soluble HGF in patients with invasive breast cancer was higher than that in the control group and the difference was significant. Such study concluded that patients with more advanced tumor size cyph-mode metastasis (TNM) staging were shown to have higher serum soluble HGF and the preoperative serum soluble HGF levels might reflect the severity of invasive breast cancer.

HGF has been shown to suppress cell apoptosis by up regulating the expression of Bcl-xl, an antiapoptotic protein¹². Bcl-2 is a cytoplasmic protein involved in apoptosis and oncogenesis. It prolongs the survival of the non-cycling cells and inhibits cycling cells⁴⁴. During the developmental period, bcl-2 is expressed in all tissues, while in adults, it is expressed only in proliferating or reserve cells⁴⁵. As far as breast cancer is concerned, bcl-2 protein is generally expressed in 60-80% of invasive breast carcinoma^{46,47}. In breast cancer specimens, bcl-2 expression is associated with well-differentiated tumors, like low grade, ER positivity and a low proliferation status^{48,49}. Several studies suggested that the low apoptotic re-

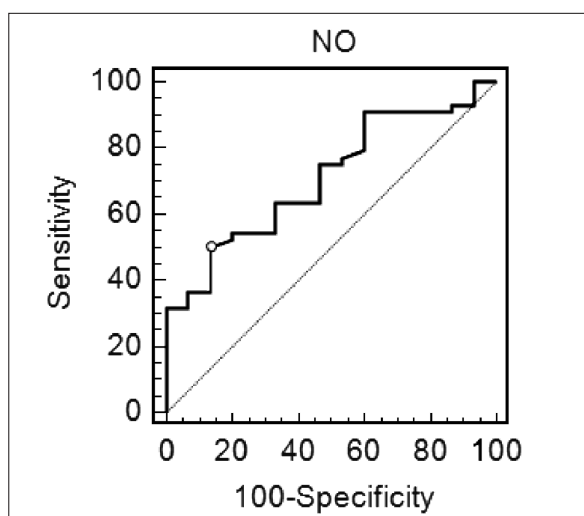


Figure 3. Roc curve of NO, area under curve equal 0.711, $p = 0.0036$.

sponse caused by over expression of bcl-2 allows the accumulation of genetic alterations that might be important in metastatic breast cancer potential^{50,51}. Bcl-2 expression has been reported to be associated with better outcomes in metastatic disease as well as in patients with early breast cancer treated with either hormone or chemotherapy^{52,53}.

In the present study, Bcl-2 levels were significantly elevated ($p = 0.027$) in patients with breast cancer compared with those in the healthy control. These results agree with the finding of Kallel-Bayoudh et al⁵⁴ who reported that Bcl-2 expression seems to be a very useful factor that should be in combination with human epidermal growth factor receptor-2 (HER2) and ER in breast cancer prognosis.

A strong inverse correlation between Bcl-2 and proliferative activity has been reported to exist in breast cancer, as well as in other tumor types, and the data presented in this study are in line with these findings, as the mean level of bcl-2 in grade I, II and III was 18.50 ± 7.67 , 12.34 ± 2.32 and 9.66 ± 1.81 , respectively. Typically, tumors with low Bcl-2 expression are correlated with high grade histological type, indicating the existence of rapid cell turnover. In fact, similar relationships between apoptosis, proliferation and high tumor grade have been reported for other tumor types⁵⁵.

In breast carcinoma patients, a positive correlation between the expression of inducible NOS and metastatic disease has been reported by Martin et al⁵⁶. Elevated levels of NO production increase tumor vascularity and facilitate tumor metastasis in breast carcinoma patients⁵⁷. NO may promote tumor growth by modulating the production of prostaglandins via activating cyclooxygenase-2 (COX-2)^{28,29}. Prostaglandins, induces angiogenesis and suppresses apoptosis through enhancing Bcl-2 protein synthesis³⁰. Conversely, another study suggested that NO inhibits the proliferation of human breast carcinoma cells, which explains the relationship between NO production and weak tumor aggressiveness⁵⁸. Guntel et al⁵⁹ found elevated level of nitrate+nitrite at operable serum in samples of patients with breast cancer.

In the current work, serum NO levels showed significant increase in patients ($p = 0.014$) compared with control subjects. These elevated NO levels in the patients may be a result of increased NOS II activity, which is stimulated by a host defense system against tumor growth. Martin et al⁶⁰ showed that endothelial NO synthetase activity was expressed by human breast tumors. NO syn-

thetase is responsible for the production of NO. Increased NO synthetase activity is necessary for VEGF to stimulate angiogenesis and increase vascular permeability⁶¹. In addition, no correlation was found between NO levels, and the prognostic factors of the breast tumor that include tumor size, stage and menopausal status.

By ROC curve analysis, the area under (AUC) for HGF, Bcl-2 and NO was 0.695, 0.842 and 0.711, respectively. This indicates the availability of using these parameters in combination with the routine tumor markers such as CA 15.3 for diagnosis of primary breast cancer patients.

Conclusion

Measurement of HGF, bcl-2 and NO levels might provide useful diagnostic and prognostic tools for breast cancer. However, large studies involving more patients are needed.

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