

Functional assessment in endometrial and cervical cancer: diffusion and perfusion, two captivating tools for radiologists

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Abstract. Uterine cervical and endometrial cancers are two major gynecological malignancies, affecting women's health worldwide.

Magnetic resonance imaging (MRI) is appropriate for evaluating malignant disease, thanks to the excellent soft tissue contrast and multiplanar imaging ability. Recently, functional MR techniques, namely diffusion-weighted imaging (DWI) and dynamic contrast-enhanced imaging (DCE), have proved to be a precious support not only in cancer diagnosis but also in disease staging, in the therapy planning, in monitoring response to treatment and during long-term recurrence surveillance.

In the field of gynecologic oncology, the European Society of Urogenital Radiology (ESUR) recommends DWI and dynamic contrast-enhanced imaging (DCE-MRI) for local staging of endometrial and cervical cancer, but the potential application of functional imaging in all different aspects of patient management seems very promising.

The aim of this article is to summarize the existing literature, providing a comprehensive update on the role of functional MRI in endometrial and cervical cancer.

Key Words:

Endometrial Cancer, Cervical Cancer, DWI, IVIM, DKI, DCE-MRI.

Introduction

Uterine cervical and endometrial cancers (EC) are two major gynecological malignancies, affecting women's health worldwide¹. In line with the International Federation of Gynecology and Obstetrics (FIGO) recommendations, the European Society of Urogenital Radiology (ESUR) recognizes the crucial role of imaging in EC and cervical cancer (CC), especially magnetic resonance imaging (MRI)². MRI is appropriate for evaluating malignant disease, thanks to the excellent soft tissue contrast and multiplanar imaging ability³⁻⁶. Recently, functional MR techniques, namely diffusion-weighted imaging (DWI) and dynamic contrast-enhanced imaging (DCE-MRI), have proved to be a precious support not only in cancer diagnosis but also in disease staging, in therapy planning, in monitoring response to treatment and during long-term recurrence surveillance⁷.

DWI enables the noninvasive characterization of biological tissues based on their water diffusion properties, which could be quantified by the apparent diffusion coefficient (ADC)⁸⁻¹⁰. In addi-

tion to the classically applied single-exponential model, new mathematical models, such as Intravoxel Incoherent Motion (IVIM) and Diffusion Kurtosis Imaging (DKI), have been introduced in the field of oncology¹¹⁻¹³. IVIM is a bi-exponential model that could separate the pure tissue diffusion aspect described by the D coefficient from microcapillary perfusion through the calculation of pseudo-diffusion coefficient (D^*), and perfusion fraction (f)¹¹⁻¹³; DKI could represent more faithfully the non-Gaussian movement of water molecules *in vivo*, providing two parameters: the kurtosis median coefficient (MK), which assesses the deviation of the tissue diffusion from the Gaussian model, and the diffusion coefficient (MD), which expresses the correction of the non-Gaussian bias¹⁴.

DCE-MRI evaluates tissue perfusion by acquiring multiple sequential T1-weighted (T1W) images, after contrasting medium administration^{15,16}. The perfusion examination presents different degrees of complexity and varies from a purely qualitative assessment of the time-intensity curves (TIC) to the application of an analysis based on pharmacokinetic models (Tofts Model and Brix model) that measure for each voxel the transfer rate of contrast agent^{17,18}.

In the field of gynecologic oncology, the ESUR panel recommends DWI and DCE-MRI for local staging of EC and CC, but the potential application of functional imaging in all different aspects of patient management seems very promising¹⁹.

The aim of this article is to summarize the existing literature, providing a comprehensive update on the role of functional MRI in EC and CC.

Endometrial Cancer

Endometrial cancer is the seventh most common cancer in women, with an overall incidence of 417,367 cases and 97,370 deaths in 2020²⁰. Most cases occur in post-menopausal women between the ages of 65 and 75, related to prolonged exposure to unopposed estrogen (nulliparity, estrogen-producing tumors, polycystic ovarian syndrome (PCOS), hormone replacement, and tamoxifen therapy) and metabolic conditions such as obesity and diabetes²⁰. In addition to sporadic forms, which comprise around 90% of carcinomas, 10% are linked to hereditary syndromes such as hereditary non-polyposis colorectal cancer (HNPCC) and Lynch syndrome²⁰.

Endometrial tumors arise from Mullerian-derived glandular cells. In 1983, Bokhman²¹, on the basis of a prospective clinic-pathological study, formulated the hypothesis of the existence of two variants of EC with different pathogenesis: 1) endometrioid carcinoma type I, estrogen-dependent, which are well-moderately differentiated carcinomas; 2) non-endometrioid carcinoma type II, non-estrogen-dependent, including poorly differentiated lesions with more rapid and unfavorable clinical evolution^{22,23}.

EC is surgically staged using the FIGO system²⁴. The standard surgical procedure includes hysterectomy, bilateral salpingo-oophorectomy, lymph node dissection, peritoneal washing, and omental biopsies²⁴. Although FIGO stage correlates with prognosis, preoperative assessment is essential to stratify patients according to risk and establish the possibility of less destructive interventions in selected categories^{20,24}. In particular, it is crucial to identify in childbearing age patients with grade 1 endometrioid adenocarcinoma those with endometrium-confined disease, who could benefit from fertility-sparing treatment^{20,24}. Moreover, current evidence²⁵ suggests that lymphadenectomy may be avoided in patients with low-risk features on imaging, including less than 50% myometrial invasion, tumor lesion diameter <2 cm, and well- or moderately differentiated histology. Indiscriminative lymphadenectomy may lead to overtreatment and increase post-operative complications that may negatively impact the quality of life^{26,27}.

The major factors related to the prognosis of EC comprise tumor grade and subtype, depth of myometrial invasion (Figure 1), cervical stromal infiltration (CSI), lymphovascular space invasion (LVSI), and nodal status²⁸. Functional MRI has been demonstrated to provide biomarkers of several prognostic factors, helping in the establishment of a personalized therapeutic approach^{28,29}.

DWI

DWI showed an association between the ADC of the primary tumor and the disease extent^{30,31}. Furthermore, an inverse relationship between ADC and pathologic grade has been consistently reported³⁰⁻³³. Specifically, Reyes-Pérez et al³⁴ observed that the mean ADC values (ADCmean) and minimum ADC (ADCmin) values were significantly lower for patients with G2 and G3 endometrial tumors than for those with G1 lesions, in a sample of 48 pathologically confirmed cases of EC, reviewed

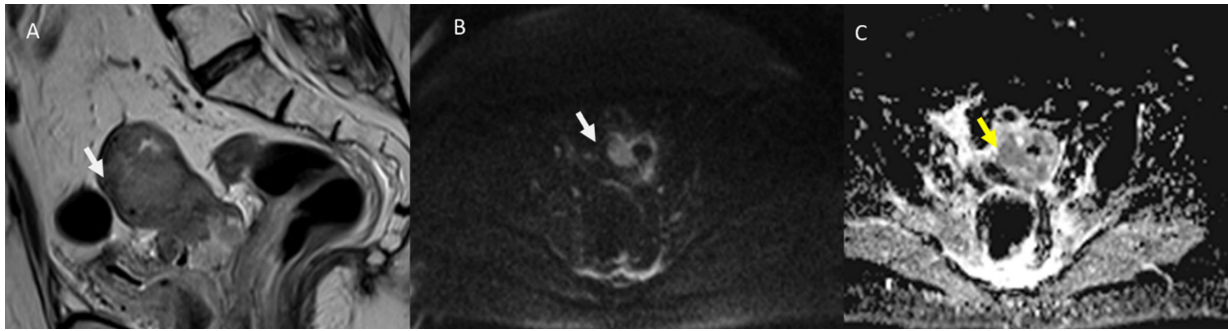


Figure 1. MRI (1.5 T Magnetom Symphony scanner (Siemens AG, Erlangen, Germany), equipped with an 8-element body and phased array coils) assessment of EC (arrow) with myometrial and cervical involvement. A, (Turbo spin echo (TSE) T2-W in the sagittal plane) the lesion shows hyperintense signal with restricted signal in DWI [(B) b 800 s/mm²] and hypointense signal in ADC map (C). The figure was obtained by images from the Division of Radiology, “Istituto Nazionale Tumori IRCCS Fondazione Pascale – IRCCS di Napoli”, Naples, Italy.

retrospectively. These data are confirmed by a subsequent study by Ozturk et al³⁵ in a cohort of 83 patients, of which 60 with endometrioid carcinoma and 23 with tumors of other subtypes. Among the endometrioid-type, high-grade carcinomas showed reduced ADC values compared to low-grade ones³⁵. Furthermore, ADCmean and ADCmin significantly differ between endometrioid and non-endometrioid lesions ($0.72/0.58 \times 10^{-3}$ mm²/s and $0.82/0.63 \times 10^{-3}$ mm²/s, respectively)³⁵. This implied that the ADCmean and ADCmin values may be effective in diagnosing the most undifferentiated cancerous lesions. Both studies^{34,35} were conducted on 3T scanners^{34,35}, but the same conclusions were also reached by Chen et al³⁶, using a 1.5 T scanner. However, these inferences would not seem to be generalizable, so simplistically. Indeed, Yan et al³³ observed that squamous differentiation may decrease ADCmean and ADCmin values of the endometrioid subtype, while carcinosarcomas showed relatively high ADCmean values than other high-grade carcinomas.

Despite these limitations, ADC would appear to be a good surrogate in assessing tumor histological type and, thus, a useful element in risk stratification.

It should also be considered that in a not insignificant percentage of cases, there is a discrepancy between the tumor grade detected postoperatively and preoperatively³⁷. Helpman et al³⁷ found a reclassification on the final surgical specimen of 22% of patients into G2-G3 or non-endometrioid tumors, in a cohort of 255 patients diagnosed as G1 endometrioid adenocarcinoma on biopsy. So, the ability to predict high-grade EC on MRI is of great interest, deserving further investigation.

Deep myometrial invasion (DMI) is an independent prognostic factor for lymph node metastasis (Figure 2). In some postmenopausal individuals or patients with a widened uterine cavity, identification of the junctional zone (JZ) could be difficult, leading to an inaccurate assessment of tumor extension³⁸. The simultaneous presence of areas of adenomyosis or the location of the lesion

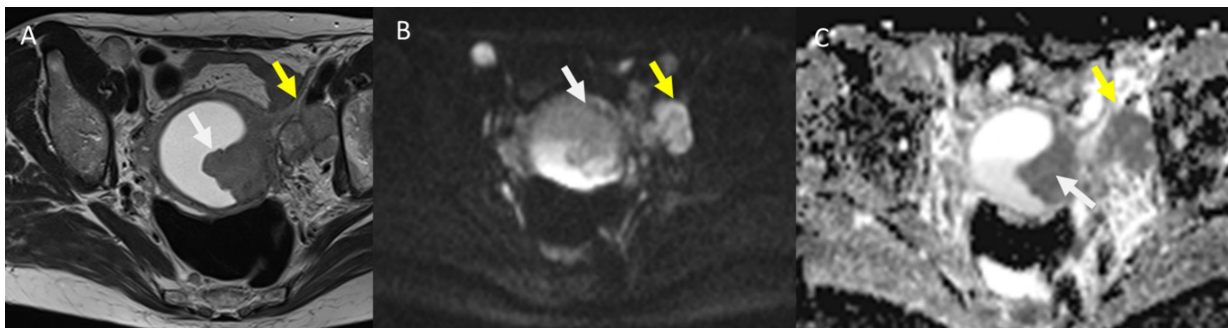


Figure 2. MRI (1.5T Magnetom Symphony scanner (Siemens AG, Erlangen, Germany), equipped with an 8-element body and phased array coils) assessment of EC (white arrows) with myometrial and nodal involvement (yellow arrows). A, (TSE T2-W in the axial plane), the lesion and nodes show hyperintense signal with restricted signal in DWI (B, b 800 s/mm²) and hypointense signal in ADC map (C). The figure was obtained by images from the Division of Radiology, “Istituto Nazionale Tumori IRCCS Fondazione Pascale – IRCCS di Napoli”, Naples, Italy.

in uterine cornua, physiologically thinner than the normal myometrium, may also increase the probability of staging misinterpretations³⁸. DWI could define small endometrial lesions that may not be clearly visible on T2 weighted (T2W) image³⁹. As reported by Song et al³⁹ in a prospective study, DWI not only recorded a higher sensitivity compared to T2W in identifying endometrial lesions (97% vs. 85%), but displayed an ability to enhance T2W in detection of small lesions (0.7-1 cm in diameter), that had been missed on first evaluation with the morphological sequence alone.

Recently, an attractive technical advancement named reduced field-of-view (rFOV) DWI has been introduced⁴⁰. rFOV DWI yielded less distortion, improving image quality that could better outline anatomic details, entailing more accurate ADC measurements than full FOV-DWI⁴⁰. Although rFOV proved to refine diagnostic performance for DMI in EC, it would appear to be incapable of increasing the diagnostic ability of MRI to reliably distinguish superficial myometrial invasion⁴⁰.

Another study technique that could potentially overcome these limitations is the fusion of morphological and functional sequences. Guo et al⁴¹, in 58 ECs retrospectively enrolled, recorded higher diagnostic accuracy of T2W-DWI fusion respect to T2W alone to assess myometrial invasion (77.6% for T2W; 94.8% for T2W-DWI), distinguishing properly superficial from deep involvement.

There is much evidence suggesting that T2W can benefit of the contribution of both DWI and DCE sequences (Figure 3) for DMI. Andreano et al⁴² reported no significant difference in the sensitivity or specificity between DWI and DCE-MR for diagnosing DMI. A large meta-analysis by

Deng et al⁴³ confirmed similar diagnostic performance of DWI and DCE-MRI.

In the era of abbreviated MRI protocols and optimized medicine⁴⁴, short unenhanced protocols for EC staging have been proposed⁴⁵. Thus, it is reasonable to consider acquiring DCE only in case of inconclusive agreement between the T2W and DWI^{44,46,47}.

Evolution of DWI Technique

ADC may reflect simultaneously restricted diffusivity and microperfusion phenomena, potentially leading to overlap between ADC values of different tumor grades^{13,14}. The use of advanced diffusion models may lead to a more reliable preoperative prediction of tumor grade in EC. Chryssou et al⁴⁸ in prospective study included 52 women with EC, applying IVIM model to histogram analysis technique, recorded a lower interquartile range (IQR) of coefficient D in G1-G2 tumors compared to that of the G3 group. IQR D describes the distribution of pure water movement heterogeneity inside a lesion, while the mean D value reflects the average water diffusivity of all voxels⁴⁸; different IQR D values between different grading groups may be explained by a more heterogeneous nature of the high-grade tumors^{48,49}. So, IVIM model's parameter D, the true diffusion coefficient, seems to be able to differentiate between low- and high-grade lesions.

For purposes of confirming that the water diffusion distribution featured with non-Gaussian distribution in EC may be a more promising method of tumor grading than Gaussian distribution preoperatively, Chen et al⁵⁰ evaluated the utility of hi-

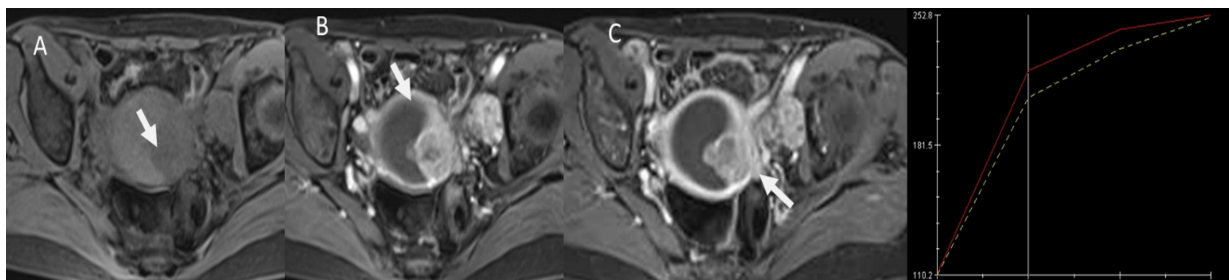


Figure 3. The same patient of Figure 2. DCE-MRI (1.5 T Magnetom Symphony scanner (Siemens AG, Erlangen, Germany), equipped with an 8-element body and phased array coils) assessment of EC with myometrial (white arrows) involvement. During dynamic evaluation [(A) T1W Volumetric interpolated breath-hold examination (VIBE) fat-saturated (FS) without contrast medium; (B) T1-W VIBE FS in arterial phase; (C) T1W VIBE FS during late phase (DCE-MRI)] the lesion shows progressive contrast enhancement with type II TIC (time-intensity curves). We employed the Gd-BT-DO3A (Gadovist, Bayer Schering Pharma AG, Berlin, German). The patient received 0.1 ml/kg of Gd-BT-DO3A by means of a power injector (Spectris Solaris® EP MR, MEDRAD Inc., Indianola, IA, USA), at an infusion rate of 2 ml/s. The figure was obtained by images from the Division of Radiology, “Istituto Nazionale Tumori IRCCS Fondazione Pascale – IRCCS di Napoli”, Naples, Italy.

stogram analysis of DKI based on entire tumor volume in 73 patients. They demonstrated that DKI features resulted superior to other parameters in distinguishing high-grade from low-grade cancers⁵⁰.

Moreover, Yue et al⁵¹ compared the performances of DKI and DWI for diagnosing and histologically grading EC. The MK values had the highest diagnostic accuracy in differentiating G0 and (G1+G2+G3), G0 and G1, G1 and G2, and G2 and G3 (AUC=0.93, 0.76, 0.91, 0.91, p -value <0.05). MK was maximally correlated with histological grade⁵¹.

The depth of the myometrial invasion is strongly connected to the existence of lymph node metastasis and overall patient survival rate⁵². Specifically, the risk of lymph node involvement varies from 3%⁵³ to 46 % in case of superficial or deep invasion, respectively⁵⁴. As previously mentioned, the predictive value of DWI alone on the degree of intramural tumor extension could be inadequate. This could be related to the method of region of interest delineation, or the mean ADC value used. Song et al⁵⁵ post-processed data from 118 pathologically confirmed EC patients with preoperative DWI, with a DKI (b value of 0, 700, 1,400, and 2,000 s/mm²) model for quantitation of MD and MK for non-Gaussian distribution. A whole-tumor analysis approach was used, comparing the histogram parameters of D, K, and ADC for the DMI and superficial myometrial invasion subgroups. D10th showed a relatively higher AUC than ADC10th for the differentiation of lesions with DMI from those with superficial myometrial invasion (0.72 vs. 0.71), but the variation was not statistically significant (p -value = 0.35); both DKI and DWI models showed relatively equivalent effectiveness⁵⁵.

It would be crucial to assess simultaneous major prognosis risk factors related to patients'

outcomes. Thus, the purpose of Zhang et al²⁸ was to quantitatively compare different models (mono-exponential, bi-exponential, and the stretched-exponential model proposed by Bennett et al⁵⁶), aiming to intercept imaging markers that could facilitate the pre-treatment selection. Authors²⁸ measured and compared, in 61 samples of EC, histological grade, depth of myometrial invasion, CSI, and LVSI, confirmed by pathology. The combined parameters had more significant potential for evaluation of all risk factors assessed through multivariate logistic regression and the ROC curves, demonstrating the advantages of multiparametric MRI in pre-treatment choice of the optimal therapeutic approach²⁸.

This promising evidence advises that in the future, multiple DWI models could be used to evaluate EC, searching for a strategy to optimize the acquisition protocol by shortening the scan time and preserving the image quality.

DCE

DCE could be applied as a problem-solving tool when assessing the degree of myometrial invasion (Figure 4) and cervical stroma involvement in EC.

The JZ was found to be a notable landmark in defining the depth of myometrial invasion. The presence of a continuous low-signal-intensity JZ at T2W imaging could exclude myometrial infiltration². As pointed out above, clinical conditions involving an alteration of the normal uterine anatomy could make evaluation quite complex^{2,57}. DCE-MRI is a better tool compared to T2W in cases of a thickened or ill-defined JZ, as it enables a clear

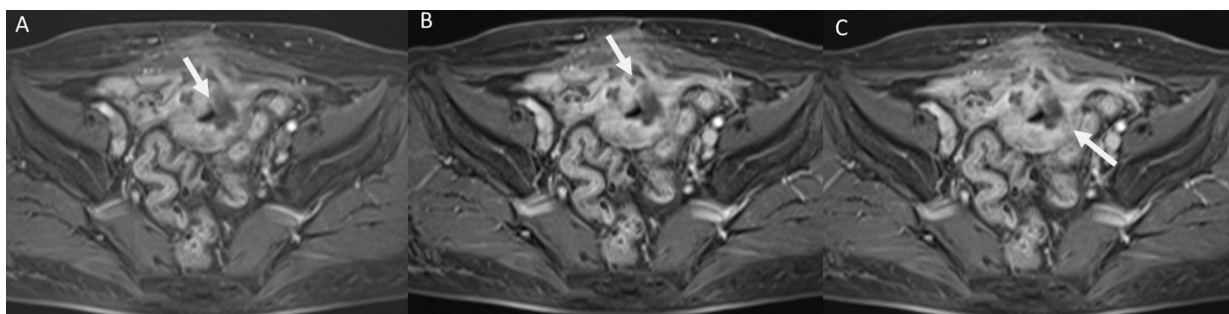


Figure 4. DCE-MRI (1.5T Magnetom Symphony scanner (Siemens AG, Erlangen, Germany), equipped with an 8-element body and phased array coils) assessment of EC with myometrial (white arrows) involvement. During dynamic evaluation, [(A), T1W VIBE FS without contrast medium; (B), T1W VIBE FS in the arterial phase (45 sec); (C), T1-W Vibe FS during late phase (120 sec)] the lesion shows progressive contrast enhancement. We employed the Gd-BT-DO3A (Gadovist, Bayer Schering Pharma AG, Berlin, German). The patient received 0.1 ml/kg of Gd-BT-DO3A by means of a power injector (Spectris Solaris® EP MR, MEDRAD Inc., Indianola, IA, USA), at an infusion rate of 2 ml/s. The figure was obtained by images from the Division of Radiology, “Istituto Nazionale Tumori IRCCS Fondazione Pascale – IRCCS di Napoli”, Naples, Italy.

differentiation between the tumor and uterine wall layers². Moreover, combining DCE-MRI and T2W led to a significant improvement in the diagnostic performance of MRI in all clinical scenarios⁵⁸. A recent study showed that the diagnostic accuracy in detecting the depth of myometrial invasion of DCE and T2W is 78.12% and 75%, respectively, which could be significantly improved with the combination of DCE-MRI and T2W (90.62%)⁵⁸.

Considering the substantially overlapping diagnostic accuracy values between DCE and DWI, the use of contrast medium injection is controversial³⁸. Furthermore, in view of an optimized protocol, the ESUR panel discussed the value of single-phase high spatial resolution contrast-enhanced imaging at 2 min 30 sec [the best time to depict microvascular invasion (MI)] vs. DCE-MRI³⁸. Instead, DCE-MRI could be employed only in patients of childbearing age who desire fertility preservation and have grade 1 EC to confirm the endometrium-confined disease, which is best seen approximately 35-40 s following contrast injection³⁸. This information could exclude any MI, confirming patient eligibility for conservative management³⁸.

MRI is the optimal imaging technique for preoperatively assessing cervical invasion⁵⁹. In suspected cervical stroma involvement, accurate evaluation

may guide the choice of a fertility-sparing approach or an adequate pathological tissue sampling⁵⁹. On T2W, the cervical invasion occurs when abnormal intermediate to hyperintense mass is detected, causing a widening of the internal and cervical canal stroma in superficial mucosal involvement or when a direct disruption of the normal cervical stroma is recognized in deep cervical extent⁵⁹. However, cervical stroma atrophy in postmenopausal women or large endometrial lesions could be a source of staging errors⁶⁰. Freeman et al⁶⁰ reported an adjuvant value of DCE in distinguishing between stromal invasion and polypoid lesion protruding into the endocervix, reducing the false-positive rate of T2W⁵⁹. Moreover, a recent meta-analysis⁶¹ showed that DCE-MRI combined with T2W significantly improved the pooled specificity in stromal invasion detection, compared to T2W alone (95-100% and 86-95%, respectively).

During DCE study, irregular areas of interruption within normal enhanced epithelium could suggest cervical invasion². Especially in the setting of T2W pitfalls, DCE could be an important instrument; in particular, delayed DCE-MRI (4-5 min after the injection) would seem to be the most informative on cervical involvement, as reported by the ESUR experts panel^{2,59}.

In Table I are reported the relevant functional studies in endometrial cancers.

Table I. Functional studies in endometrial cancers.

Authors	Tumor	Functional Assessment	Results
Yan et al ³³	Endometrial	Conventional DWI	Squamous differentiation may decrease ADCmean and ADCmin values of endometrioid subtype, while carcinosarcomas showed relatively high ADCmean value than other high-grade carcinomas
Perez et al ³⁴	Endometrial	Conventional DWI	ADCmean and ADCmin values were significantly lower for patients with G2 and G3 endometrial tumors than for those with G1 lesions
Ozturk et al ³⁵	Endometrial	Conventional DWI	ADCmean and ADCmin significantly differ between endometrioid and non-endometrioid lesions
Song et al ³⁹	Endometrial	Conventional DWI	Higher sensitivity compared to T2W in identifying endometrial lesions (97% vs. 85%)
Chryssou et al ⁴⁸	Endometrial	IVIM	The true diffusion coefficient, seems to be able to differentiate between low- and high-grade lesions
Chen et al ⁵⁰	Endometrial	DKI	The 10th percentile AUC MD, MK's 90th percentile, and 10th percentile of ADC resulted superior to other parameters in distinguishing high-grade from low-grade cancers
Yue et al ⁵¹	Endometrial	DKI	MK values had the highest diagnostic accuracy in differentiating histological grading
Freeman et al ⁶⁰	Endometrial	DCE-MRI	Adjuvant value in distinguishing between stromal invasion and polypoid lesion

ADC: Apparent Diffusion coefficient; ADCmean: mean value of Apparent Diffusion coefficient; ADCmin: minimum value of Apparent Diffusion coefficient; AUC: area under curve; MD mean diffusivity; MK mean of Kurtosis.

Cervical Cancer

Cervical cancer is the fourth most common cancer in women globally⁶², with an estimated incidence of 604,127 cases and 341,831 deaths in 2020¹. The main etiopathogenetic factor is persistent papillomavirus (HPV) infection, particularly the oncogenic subtypes (HPV 16 and 18)⁶³. Despite screening programs with the Papanicolaou smear and early treatment of pre-cancerous lesions, CC is still a major public health problem even in developed countries, with more than 58,000 new cases diagnosed and approximately 24,000 patients dying in Europe each year⁶³.

In the recent past, the staging of CC was exclusively clinical, but given the documented inaccuracies, radical changes in management have been made. Under the 2018 FIGO guideline upgrade⁶⁴, imaging is formally incorporated as an indispensable supplement to clinical examination (i.e., pelvic examination, cystoscopy, and colposcopy) to obtain an accurate description of tumor spread⁶⁵. The challenge at the diagnostic stage is to make the right decision during the multidisciplinary tumor board between surgery and chemoradiation therapy^{64,65}. Over-staging could result in an aggressive surgical approach in women of childbearing age who may attempt fertility-preserving surgery; on the other hand, an underestimation of tumor spread may result in therapy failure with disease progression^{64,65}. The elements to consider that may compromise the possibility of a surgical approach are a tumor mass greater than 4 cm, the invasion of parameters (Figure 5), the presence of lymph node metastases (Figure 6) or the extension of disease to adjacent organs (Figure 7).

Histological subtype and grade of differentiation may also influence the course of the disease, the therapeutic outcome and patient survival⁶⁶⁻⁶⁸.

MRI is routinely employed for evaluating the local extent of CC, and DWI and DCE are already part of the standard MR work-up for CC assessment, as they allow information of the tumor microenvironment rather than pure conventional anatomical measurements^{69,70}.

DWI

On T2W, CC appears as a mass of intermediate/high signal, that stands out against a background of hypointense cervical stroma. However, there are conditions in which the precise definition of the lesion could be difficult to delineate, such as young patients with a less hypointense stroma and in the presence of pressure-induced changes or edema of peritumoral tissue⁶⁹. DWI bears the potential to overcome these limits.

As with other malignant lesions, CC shows a hyperintense signal in DWI and lower ADC value compared to normal cervical tissue, due to the higher cell density^{19,71}; this behavior could enable a precise demarcation of the tumor margins, providing excellent tumor-to-normal-tissue contrast^{72,73}. A further improvement in tumor detection could be achieved by the application of a reduced FOV, with a significant refinement of image quality, as already seen in other gynecological malignancies^{74,75}.

Assessment of lymph vascular invasion and determination of lymph node metastases is also of primary importance in CC⁶⁹. Both appear to be risk factors for disease recurrence (DR), affecting overall survival (OS)^{19,69}. In oncological imaging, an involved lymph node is assumed to be increased in diameter, have a round contour, or have lost their fatty hilum⁷⁶⁻⁷⁸. On DWI, metastatic lymph nodes, generally may show a higher degree of re-

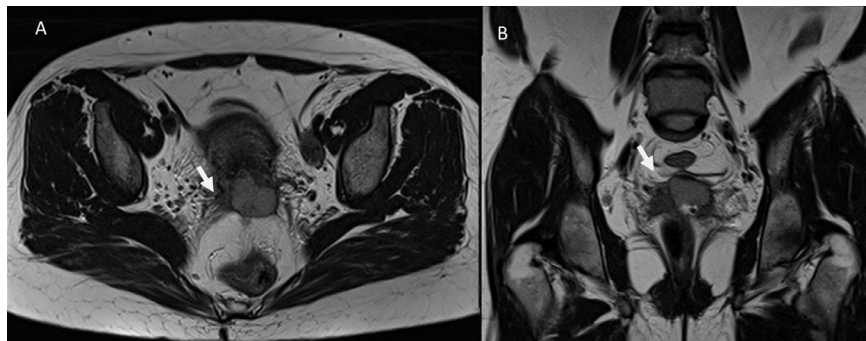


Figure 5. Conventional MRI (1.5 T Magnetom Symphony scanner (Siemens AG, Erlangen, Germany), equipped with an 8-element body and phased array coils). **A**, SE T2-W in the axial plane and **(B)** TSE T2-W in the coronal plane assessment of CC without stromal (white arrows) involvement. The lesion shows a hyperintense signal. The image was obtained by images from the Division of Radiology, “Istituto Nazionale Tumori IRCCS Fondazione Pascale – IRCCS di Napoli”, Naples, Italy.

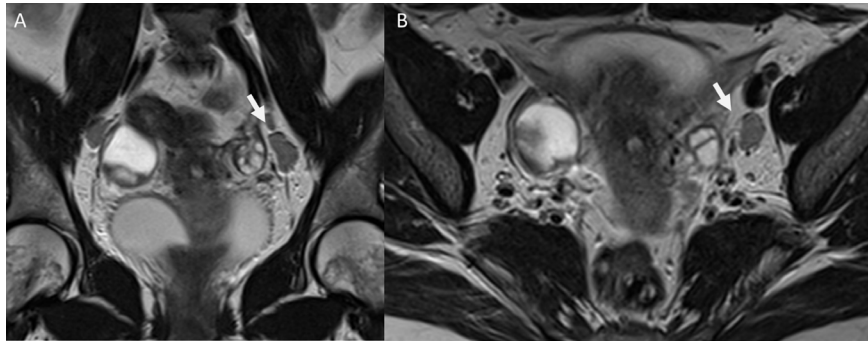


Figure 6. Conventional MRI [1.5 T Magnetom Symphony scanner (Siemens AG, Erlangen, Germany), equipped with an 8-element body and phased array coils]. **A**, TSE T2-W in the coronal plane and **(B)** TSE T2-W in the axial plane] assessment of CC with node (white arrows) involvement. The node shows a hyperintense signal. The figure was obtained by images from the Division of Radiology, “Istituto Nazionale Tumori IRCCS Fondazione Pascale – IRCCS di Napoli”, Naples, Italy.

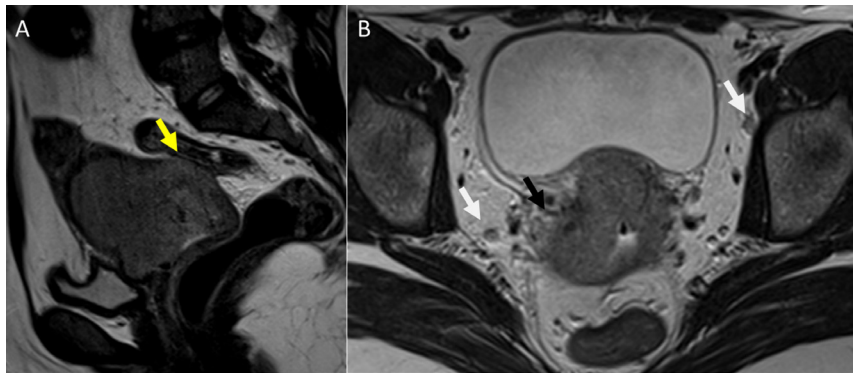


Figure 7. Conventional MRI (1.5 T Magnetom Symphony scanner (Siemens AG, Erlangen, Germany), equipped with an 8-element body and phased array coils). **A**, TSE T2-W in the sagittal plane and **(B)** TSE T2-W in the axial plane assessment of CC with rectal [white arrows in **(A)**], cervical stromal [black arrow in **(B)**] and nodes [white arrows in **(B)**] involvement. The figure was obtained by images from the Division of Radiology, “Istituto Nazionale Tumori IRCCS Fondazione Pascale – IRCCS di Napoli”, Naples, Italy.

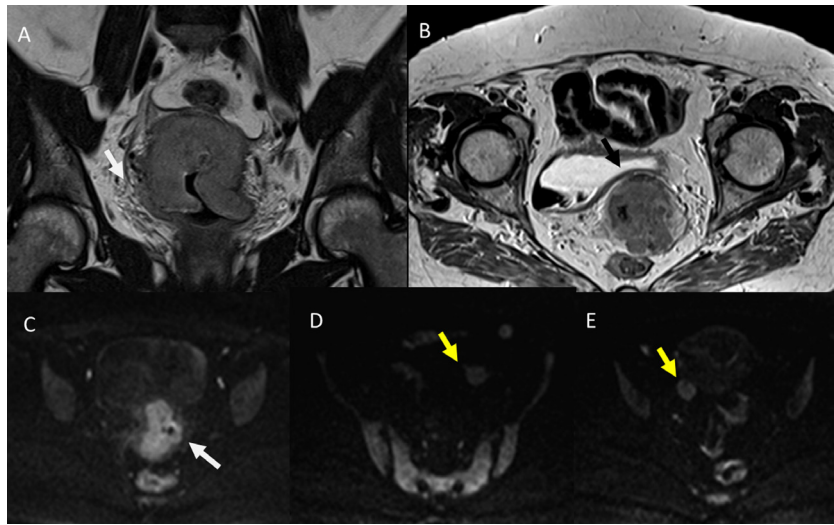
striction (Figure 8), which can be assessed quantitatively, using ADC values⁷⁶⁻⁷⁸. Using ADC values and lymph node size together showed increased sensitivity from 25% to 85% while keeping specificity relatively unchanged at 98-99%^{77,78}.

DWI also has a role in the assessment of parametrial involvement (Figure 9), as highlighted by reports on pathological proven parametrial invasion (PMI)^{79,80}. Park et al⁷⁹ observed lower ADC values of cervical lesions in patients with pathologic PMI ($0.874 \times 10^{-3} \text{ mm}^2/\text{s}$), than those without parametrial involvement ($0.995 \times 10^{-3} \text{ mm}^2/\text{s}$), which was consistent with Nakamura et al⁸⁰ previous results (0.872 and $0.961 \times 10^{-3} \text{ mm}^2/\text{s}$, respectively). This evidence reflected a diagnostic accuracy of 90% of DWI vs. 80% to 85% of T2W in the evaluation of PMI^{79,80}, further increased by fusion imaging application⁸¹. Mongula et al⁸¹, in a prospective cohort of 65 patients planned for radical hysterectomy with pelvic lymphadenectomy (FIGO IA-IIA), documented a

significant difference of positive predictive value between T2W and fusion T2W/DWI in two expert observers (from 29% to 50% for observer 1 and from 23% to 50% for observer 2, respectively), reducing false positives rate⁸¹. To prevent unnecessary therapies in current daily practice, a strict policy for allocating patients to surgery was advocated, so the fusion of T2W with DWI could potentially prevent unnecessary adjuvant treatments, entailing more morbidity and higher costs⁸¹.

Some authors⁸² have explored the possibility of using baseline tumor ADC value as a prognostic factor for response, with conflicting results. Dashottar et al⁸³, in a prospective investigation, recorded significantly reduced pre-treatment ADC values in patients with locally advanced disease, resulting in no responders to radiochemotherapy. In contrast, a recent review of a large patient sample (416 patients) concluded that ADC values detected pre-therapy does not adequately correlate to radiochemotherapy

Figure 8. Conventional (1.5 T Magnetom Symphony scanner (Siemens AG, Erlangen, Germany), equipped with an 8-element body and phased array coils). **(A)**, TSE T2-W in the coronal plane and **(B)** TSE T1W with contrast medium in the axial plane and DWI [(C), b 50 s/mm², (D), b: 500 s/mm² and (E), b 800 s/mm²] MRI assessment of CC with cervical stromal [in (A) white arrow], without bladder [in (B) black arrow] and nodes [in (D) and (E), yellow arrows] involvement. The figure was obtained by images from the Division of Radiology, “Istituto Nazionale Tumori IRCCS Fondazione Pascale – IRCCS di Napoli”, Naples, Italy.



outcome for CC⁸³. Harry et al⁸⁴ assumed that ADC variation during treatment could be a more reliable biomarker of the inner diffusivity change of tumor mass. In particular, a higher mean percentage increase in ADC (49.7%) within the first 3 weeks of therapy was noted in responders compared to a lower rate (19.7%) in non-responders⁸⁴. So, the use of the change in ADC seems to be predictive of favorable therapy effect and may serve as a suitable marker for monitoring the early tumor response.

Evolution of the DWI Technique

The ADC has value in distinguishing between the degree of tumor differentiation⁸⁵, but the mono-exponential model is affected by a perfusion component and may result in errors in quantitative analysis^{11,13}.

IVIM could be used as a method to assess tissue diffusion and perfusion without employing any intravenous contrast agent, leading to a more faithful description of pathological processes *in vivo*¹³.

Zhou et al⁸⁶ reported lower D values in less differentiated cervical tumors in 24 patients enrolled retrospectively. Despite the small sample size, interestingly, the authors proposed that regions of interest drawn at the edge of the tumor allow a better assessment of the degree of differentiation than the entire volume, when considering perfusion parameter *f*. A possible explanation was that, in less differentiated lesions, cell proliferation often exceeds tumor angiogenesis, resulting in poorly perfused central areas, leading to tumor heterogeneity for each pathological grade⁸⁶.

Besides IVIM, other models also seem to be good predictors of tumor differentiation. Winfield et al⁸⁷ in 42 CC patients evaluated retrospectively different

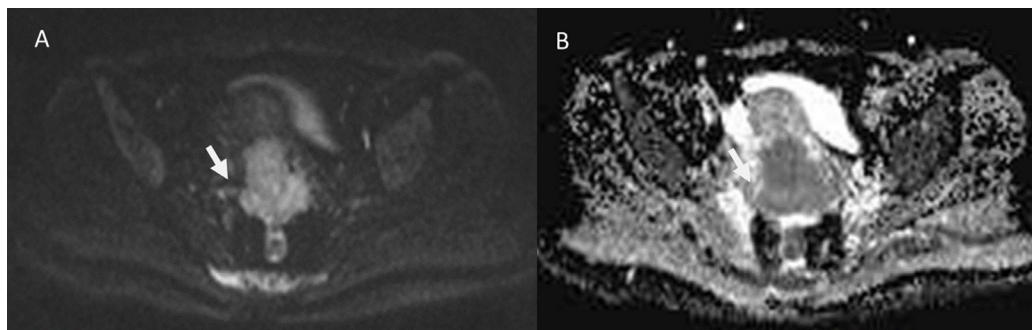


Figure 9. DWI-MRI [1.5 T Magnetom Symphony scanner (Siemens AG, Erlangen, Germany), equipped with an 8-element body and phased array coils]. **(A)**, b 800 s/mm²; **(B)**, ADC map [MRI assessment of CC with cervical stromal involvement (arrows)]. The lesion shows a hyperintense signal with a restricted signal in DWI [(A) b 800 s/mm²] and a hypointense signal in ADC map (B). The figure was obtained by images from the Division of Radiology, “Istituto Nazionale Tumori IRCCS Fondazione Pascale – IRCCS di Napoli”, Naples, Italy.

non-Gaussian models by comparing them with a mono-exponential model. While diffusion coefficients, including ADC, were shown to correlate similarly with tumor grade, other parameters from the non-mono-exponential models (α , K , f , D^*) provided further information that identified tumor subtypes⁸⁷.

Different subtypes of CC have different prognoses, with varying degrees of resistance to therapy. In particular, adenocarcinoma (ACA) shows a 15-30% reduced 5-year overall survival rate compared to squamous cell carcinoma (SCC) at all stages, with increased radio- and chemoresistance⁸⁸. Wang et al⁸⁸ reported that MD based on the DKI model in SCC was significantly lower than that in ACA, and the lower MD in CC was likely related to the restriction of free water diffusion in a more cellular-packed tumor environment.

Concurrent chemoradiation (CCRT) is recommended for bulky lesions and locally advanced CC (LACC), and the f and D^* IVIM parameters seem to be able to monitor tumor changes during treatment⁸⁹. According to this evidence, Perucho et al⁸⁹, found pre concurrent chemoradiotherapy (pre-CCRT) f values to be significantly higher in patients with partial response compared to those with stable disease or disease progression, with good observer repeatability. Conversely, it was observed that D was not significantly different between treatment groups, as instead found by Zhang et al⁹⁰ in responders, who demonstrated pre-CCRT values significantly lower. From the perspective of personalized medicine, discerning

subsets of patients with poor response to standard treatment is crucial for the correct management, and future evidence is required in this field of research⁹¹.

DCE

In recent years, conization has become a different way to obtain the diagnosis in the early stage of CC. Free resection margins after this procedure may be sufficient in selected population (Stage IA1 squamous cell tumors), mostly for fertility-sparing reasons^{92,93}.

DCE quantitative parameters could be useful in detecting MRI invisible residual cancer^{94,95}, guiding a subsequent radical hysterectomy, if required⁹⁵. Huang et al⁹⁵ observed Ktrans and Ve values significantly higher in cancerous remnants than in their counterparts; this may reflect the loss of endothelial cell adhesion and the increased transportation of contrast agents in malignant tissue. Elevated Ktrans values would also appear to correlate with incomplete response to neoadjuvant chemotherapy (NACT) in locally advanced disease (FIGO stage IB3-IVA)⁹⁶. The rationale of NACT is to decrease the primary tumor burden by allowing or facilitating operability and eradication of micrometastatic foci of disease^{97,98}. However, the role of hysterectomy after NACT is under debate, and some centers may opt for conservative treatment in case of a complete response⁹⁹⁻¹⁰¹. Thus, detecting tumor residuals is certainly topical (Figure 10); considering the poor reliability of morphological sequences in

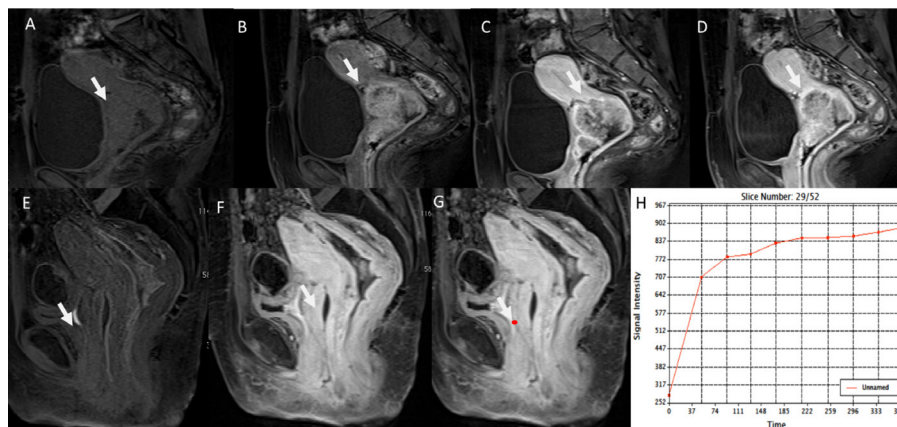


Figure 10. DCE-MRI (A 1.5 T Magnetom Symphony scanner (Siemens AG, Erlangen, Germany), equipped with an 8-element body and phased array coils) assessment of CC (white arrows). Dynamic evaluation [(A-E), T1W VIBE FS without contrast medium pre and post treatment; (B), T1-W VIBE FS in the arterial phase (45 sec); (C-F), T1-W Vibe FS during venous phase (90 sec) pre and post treatment and (D-G), T1-W vibe in the late phase (120 sec) pre and post-treatment. Before treatment, the lesion shows arterial hyperenhancement with wash-out. Complete response (arrows) after neoadjuvant treatment as demonstrated by type I curve (H). We employed the Gd-BT-DO3A (Gadovist, Bayer Schering Pharma AG, Berlin, German). The patient received 0.1 ml/kg of Gd-BT-DO3A by means of a power injector (Spectris Solaris® EP MR, MEDRAD Inc., Indianola, IA, USA), at an infusion rate of 2 ml/s. The figure was obtained by images from the Division of Radiology, “Istituto Nazionale Tumori IRCCS Fondazione Pascale – IRCCS di Napoli”, Naples, Italy.

Table II. Functional studies in CC.

Authors	Tumor	Functional Assessment	Results
Park et al ⁷⁹	Cervical	Conventional DWI	Lower ADC values of cervical lesions for pathologic parametrial involvement
Nakamura et al ⁸⁰	Cervical	Conventional DWI	Lower ADC values of cervical lesions for pathologic parametrial involvement
Dashottar et al ⁸³	Cervical	Conventional DWI	Lower ADC in pre-treatment phase is correlated with poor response
Harry et al ⁸⁴	Cervical	Conventional	Higher mean percentage increase in ADC (49.7%) within the first 3 weeks of therapy was noted in responders
Zhou et al ⁸⁶	Cervical	IVIM	Lower D values correlated with less differentiated cervical tumors
Wang et al ⁸⁸	Cervical	DKI	MD was correlated with hystological sub-type
Perucho et al ⁸⁹	Cervical	IVIM	Pre-CCRT f values to be significantly higher in patients with partial response compared to those with stable disease or disease progression
Zhang et al ⁹⁰	Cervical	IVIM	Pre-CCRT diffusivity values significantly lower in responders
Jalaguier-Coudray et al ⁹⁶	Cervical	DCE-MRI	Difference between NACT responders and non-responders on DCE qualitative analysis

ADC: Apparent Diffusion coefficient; AUC: area under curve; DCE: Dynamic Contrast Enhanced; MD mean diffusivity; MK mean of Kurtosis; NACT: neoadjuvant chemotherapy; pre-CCRT: preconcurent chemoradiotherapy.

these cases due to the inflammatory and edematous tissue changes, functional imaging could be decisive. Jalaguier-Coudray et al⁹⁶ observed a difference between NACT responders and non-responders on DCE qualitative analysis.

A time-signal intensity curve steeper than that of the myometrium, defined as “time-signal intensity curve type B”¹⁰², showed a significant association with incomplete response. It has been suggested that DCE-MRI could be used as an indirect method to detect hypoxic areas in tumors, providing information on vascular microenvironment⁹⁶. Tumor hypoxia could be a major cause of treatment failure in patients LACC¹⁰³.

Concerning DCE analysis based on signal intensity vs. time (SITC) curves, two parameters were found to be markers of tumor hypoxia: the low-expanding tumor volume (LETV) and tumor volume with increasing signal (TVIS)¹⁰³. The LETV represents the tumor volume that shows a low contrast enhancement during the first 60 s, while TVIS refers to the volume showing contrast enhancement during a 6-minute interval, 3 to 9 minutes after contrast agent administration¹⁰³. Both parameters resulted in prognostic factors for disease-free survival (DFS) and overall survival (OS) in LACC¹⁰³.

Research¹⁰³⁻¹¹⁶ also focused on pharmacokinetic models, which are considered more stable

as they are built on the basis of physiological and biological properties of the imaged tissue. According to Halle et al¹⁰⁵, DCE could identify patients with hypoxia-related chemoresistance by correlating hypoxia-related genes with the Brix’s model-derived parameter (ABrix), also known to measure the extravascular extracellular space. In order to compare the Brix and Tofts models on patients with CC, Andersen et al¹⁰⁶ concluded that low values of Ktrans and ABrix could be both representative of poor outcomes in LACC. In line with previous data, Lund et al¹⁰³ in eighty LACC patients given cisplatin-based chemoradiotherapy recorded poor disease-free survival DFS and OS in association with lower values of Ktrans. However, considering the TVIS and LETV measured in the same sample, the authors observed the majority of the patients stratified into the same risk group by the model-based and non-model-based analysis¹⁰³. Albeit attractive, the prognostic power of Tofts and Brix-derived biomarkers does not diverge enough from values identified by non-model-based analyses.

Consequently, it is possible that biomarkers for personalized therapy of CC could be derived by DCE-MRI without demanding image analysis on time-consuming pharmacokinetic models.

In Table II are reported the relevant functional studies in CC.

Conclusions

MRI plays a key role in the evaluation of endometrial and cervical cancer. In this scenario, it is clear as for risk assessment and pre-treatment planning, MRI should be part of the diagnostic patient approach and also as a surveillance tool in a subset of patients. In addition to morphological sequences, international guidelines recommend functional evaluation, such as DWI and DCE, for local staging of EC and CC, allowing for quantitative analysis of tumor biology and the microenvironment. In an effort of a more accurate description of physiologic and pathologic characteristics of tissues, other DWI models have been developed, with promising results¹¹⁷⁻¹⁴¹. However, a significant proportion of the parameters identified are still far from a clinical routine application, largely due to the time-consuming calculations to extract data and small sample size reports. Large multicenter prospective studies are required to determine whether these new techniques could be used to intercept optimized and personalized therapies for patients with endometrial and cervical cancer.

Ethics Approval

Not applicable.

Availability of Data and Materials

Data are reported in the manuscript.

Conflict of Interests

The authors declare no conflict of interest.

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Authors' Contributions

FDM, RF, IS, FG, RG, MCB, LR, NM, RDA, FG, MG, and VG wrote and revised the manuscript. Each author approved the final version of the manuscript.

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