

# FOXK1 promotes malignant progression of breast cancer by activating PI3K/AKT/mTOR signaling pathway

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**Abstract.** – **OBJECTIVE:** The aim of this study was to investigate the expression characteristics of forkhead box K1 (FOXK1) in breast cancer (BCa). Meanwhile, its relationship with clinicopathology and prognosis of patients with BCa was also explored.

**PATIENTS AND METHODS:** The expression level of FOXK1 in 65 paired BCa tissues and para-cancerous tissues was detected by quantitative Real Time-Polymerase Chain Reaction (qRT-PCR). The relationship between FOXK1 expression and BCa pathological parameters as well as the prognosis of patients was explored. Meanwhile, the expression of FOXK1 in BCa cells was detected by qRT-PCR. Subsequently, FOXK1 knockdown and overexpression models were constructed by lentivirus infection in BCa cell lines (including MCF-7 and SKBR3). The effects of FOXK1 on the biological functions of BCa cells was analyzed using Cell Counting Kit-8 (CCK-8), cell cycle assay and flow cytometry, respectively. Finally, whether the role of FOXK1 was achieved via the PI3K/AKT/mTOR signaling pathway was explored.

**RESULTS:** The qRT-PCR results showed that FOXK1 expression in BCa tissues was significantly higher than that of adjacent tissues. Compared with patients with low expression of FOXK1, the pathological grading was markedly higher in those with high expression. Meanwhile, the overall survival rate was remarkably lower in patients with high expression. In addition, compared with the negative control group, the proliferation ability of cells in FOXK1 knockdown group was significantly decreased, while cell apoptosis was markedly up-regulated. Besides, Western blot results revealed that silencing FOXK1 could reduce the levels of key proteins in

the PI3K/AKT/mTOR signaling pathway, thereby promoting the malignant progression of BCa. Finally, FOXK1-IN-1, which was the inhibitor of PI3K/AKT/mTOR signaling pathway, significantly reversed the proliferative capacity of cells in FOXK1 overexpression group, as well as its anti-apoptotic ability.

**CONCLUSIONS:** FOXK1 expression was remarkably increased both in BCa tissues and cells. Meanwhile, it was markedly associated with pathological stage and poor prognosis of patients. Besides, FOXK1 might promote the malignant progression of BCa by inhibiting the PI3K/AKT/mTOR signaling pathway.

**Key Words:**

FOXK1, PI3K/AKT/mTOR, Breast cancer (BCa), Malignant progression.

## Introduction

Breast cancer (BCa), as a common tumor threatening human health, has an increasing trend of morbidity and mortality year by year<sup>1,2</sup>. The latest statistical research led by the United States has shown that BCa ranks first among women in the United States and most parts of the world. Meanwhile, the mortality of BCa ranks second among all female cancer patients<sup>3,4</sup>. According to the statistics of the annual tumor registration report released by China Cancer Registry, the incidence of BCa ranks first among all female malignant tumors in China<sup>4-6</sup>. The main cause of death in BCa patients is the rapid

growth of BCa cells and other organs, as well as even systemic metastasis. This results from the proliferation, migration and invasiveness of BCa cells<sup>7</sup>. Therefore, elucidating the molecular mechanism of BCa helps to demonstrate the mechanism of cell proliferation, migration and invasion. It is of great significance for clinical evaluation of malignancy and prognosis, which is also important for gene-targeted therapy of BCa<sup>7</sup>. Currently, significant breakthroughs have been made in drug susceptibility and surgical techniques. However, the recurrence and metastasis of BCa still occur frequently, which is the leading cause of death in patients with advanced BCa<sup>8,9</sup>. Furthermore, early diagnosis and treatment can greatly reduce the further occurrence of tumor deterioration. Therefore, scientists have recently paid more attention to exploring potential molecular markers for recurrence and metastasis, which may provide new directions for BCa treatment<sup>9</sup>.

The forkhead box (FOX) protein family is a kind of transcription factors whose DNA binding region has a winged helix structure. There are about 19 subfamilies of the FOX protein family. Recent studies have shown that the FOX protein family regulates the transcriptional activity of target genes by binding DNA. Meanwhile, FOX also participates in the regulation of cell signaling transduction, cell cycle regulation and metabolism. Kwak et al<sup>10</sup> have demonstrated that it plays a role in various biological processes such as embryonic development, cell cycle regulation, immune regulation, and hematopoiesis. FOXO1 (FOXK1) is a member of the FOX family transcription factors. It is a transcriptional repressor of downstream genes, such as FOXO4, Mef2, P21 and p27<sup>11,12</sup>. Kwak et al<sup>10</sup> have demonstrated that the FOX transcription factor family is closely correlated with malignancy and embryonic development. FOXK1 is overexpressed in various cancers, including esophageal cancer, pancreatic cancer, and lung cancer. Meanwhile, the expression level of FOXK1 is upregulated in gastrointestinal tumors. Therefore, these FOX proteins exert a biphasic regulatory influence on cell growth, proliferation and differentiation<sup>13-16</sup>. In colorectal cancer, lymphoma and glioblastoma cell lines, protein kinase B (AKT) acts as a downstream regulator of phosphatidylinositol 3-kinase (PI3K). AKT activates cell cycle by phosphorylating FOXO1, FOXO3 and FOXO4, thereby facilitating the process of tumor cell transformation. Dephosphorylated (activated) FOXO1, FOXO3 and FOXO4 can be trans-

ferred into the nucleus to induce cell dormancy or apoptosis<sup>12,17</sup>. The PI3K-AKT-mTOR signal transduction pathway controls a large number of tumor markers. All of them are involved in important cellular functions, including cell cycle, cell survival, metabolism, cell movement and gene expression instability<sup>18-20</sup>. Thus, scholars<sup>21,22</sup> have proved that the phosphorylation of the PI3K-AKT-mTOR signal transduction pathway is closely associated with the occurrence and development of various human tumors.

AKT and mTOR are included in intracellular signaling pathways activated by growth factors. However, whether FOXK1 regulates the PI3K-AKT-mTOR signal transduction pathway in BCa cells has not been fully elucidated. Domestic and foreign studies<sup>21,22</sup>. In this work, we investigated whether FOXK1 was a serological marker for early diagnosis of BCa, and whether it could provide a possible option for target gene therapy. Therefore, we proposed that FOXK1 might participate in the process of BCa cell proliferation and apoptosis by regulating the PI3K/AKT/mTOR signaling pathway.

## Patients and Methods

### Patients and BCa Samples

A total of 65 patients who received treatment in the general surgery and oncology departments in our hospital were enrolled in this study. Paired BCa tissues and para-cancerous were obtained from fresh specimens of biopsy or surgical resection. All collected tissue samples were stored in a refrigerator at -80°C for subsequent use. 65 patients with BCa aged from 30 to 78 years, with an average of 64.9 (56.9-79.8) years, were diagnosed by two senior directors of pathologists for confirmation. This study was approved by the Ethics Committee of Sanya People's Hospital. Signed informed consents were obtained from all participants before the study.

### Cell Lines and Reagents

Three human BCa cell lines (MCF-7, MDA-MB-231 and SKBR3) and one normal mammary epithelial cell line (MCF-10A) were purchased from the American Type Culture Collection (ATCC; Manassas, VA, USA). Both Dulbecco's Modified Eagle's Medium (DMEM) medium and fetal bovine serum (FBS) were purchased from Life Technologies (Gaithersburg, MD, USA). All cells were cultured in high glucose DMEM medi-

um containing 10% FBS, penicillin (100 U/mL), and streptomycin (100 µg/mL), and maintained in an incubator at 37°C with 5% CO<sub>2</sub>. When grown to 80% - 90% of confluence, the cells were digested with 1 × trypsin + ethylenediamine tetraacetic acid (EDTA).

### Cell Transfection

Negative control (NC) and FO XK1 (FO XK1 or FO XK1-S) containing FO XK1 lentiviral sequence were purchased from Shanghai Jima Company (Shanghai, China). Cells were first seeded into 6-well plates and cultured to a cell density of 70%. Subsequently, lentiviral transfection was performed according to the manufacturer's instruction. 48 hours after transfection, the cells were selected for quantitative Real Time-Polymerase Chain Reaction (qRT-PCR) analysis, Western blot analysis and cell function experiments.

### Cell Proliferation Assay

The proliferation of cells was examined using Cell Counting Kit-8 (CCK-8; Dojindo Laboratories, Kumamoto, Japan). Briefly, 100 µL of cell suspension (including 2000 cells) was added in each well, followed by the addition of 10 µL of CCK-8 solution. Afterward, cells were incubated for 1 h in an incubator at 37°C. Finally, optical density absorbance of each well at 450 nm was detected by a microplate reader.

### Colony Formation Assay

48 h after transfection, the cells were first collected. 200 cells were seeded into 96-well plates, followed by complete medium for two weeks. The culture medium was changed after the first week, and then changed twice a week. After two weeks, the cells were washed twice with Phosphate-Buffered Saline (PBS; Gibco, Grand Island, NY, USA). Subsequently, the cells were fixed with 70% of methanol for 20 minutes and stained with 0.1% crystal violet staining solution for 15 minutes. Finally, cells were photographed in a light-selective environment, and the number of formed colonies was counted.

### Flow Cytometry Analysis of Cell Apoptosis

Cell apoptosis was detected by flow cytometry, combining with Annexin V-FITC (fluorescein isothiocyanate; Millipore, Billerica, MA, USA) and Propidium Iodide (PI). A specific pro-

cedure was as follows. First, the density of cells was adjusted to about 1×10<sup>6</sup> cells/ml. The medium was removed, and cells were washed twice with PBS. Secondly, the cells were re-suspended gently with 0.5 mL of pre-cold 1× binding buffer. 1.25 µL of Annexin V-FITC was added, followed by incubation at room temperature in a light-proof reaction for 15 min. Thirdly, the cells were centrifuged at 1000 × g for 5 min at room temperature, and the supernatant was removed. Lastly, the cells were re-suspended gently with 0.5 mL of pre-cooled 1× binding buffer, and 10 µL PI was added. Samples were mixed on ice and stored in the dark, followed by flow cytometry (BD FACS Calibur, Franklin Lakes, NJ, USA) analysis.

### Quantitative Real Time-Polymerase Chain Reaction

Total RNA in BCa cell lines and tissues was extracted by TRIzol reagent (Invitrogen, Carlsbad, CA, USA). Total extracted RNA was reverse transcribed into the first strand of cDNA using PrimeScript reagent (TaKaRa, Otsu, Shiga, Japan). Quantitative Real Time-Polymerase Chain Reaction (qRT-PCR) reaction was performed using Premix Ex Taq™ (TaKaRa, Otsu, Japan) and StepOne Plus Real Time-PCR System (Applied Biosystems, Foster City, CA, USA). The primers used were as follows: FO XK1: forward: 5'-TGAGCCCCAGAACTGAGAAG-3', reverse: 5'-GCGCTACACTGACATTGGAG-3'; β-actin: forward: 5'-CCTGGCACCCAGCACAAAT-3', reverse: 5'-TGCCGTAGGTGTCCTTTG-3'. Data analysis was performed using ABI Step One software (Applied Biosystems, Foster City, CA, USA). Finally, the relative expression levels of mRNAs were calculated using the 2<sup>-ΔΔCt</sup> method.

### Western Blot Assay

Transfected cells were first lysed with cell lysis buffer, shaken on ice for 30 minutes and centrifuged at 14,000 × g for 15 minutes at 4°C. Total protein concentration was calculated by the bicinchoninic acid (BCA) Protein Assay Kit (Pierce, Waltham, MA, USA). Extracted proteins were separated by 10% sodium dodecyl sulphate-polyacrylamide gel electrophoresis (SDS-PAGE) gel and transferred onto polyvinylidene difluoride membranes (Millipore, Billerica, MA, USA). Western blot analysis was performed according to standard procedures. Primary antibodies included FO XK1, PI3K, AKT, mTOR, GAPDH and secondary antibodies were anti-mouse and

anti-rabbit. All of the antibodies used were purchased from Cell Signaling Technology (Danvers, MA, USA).

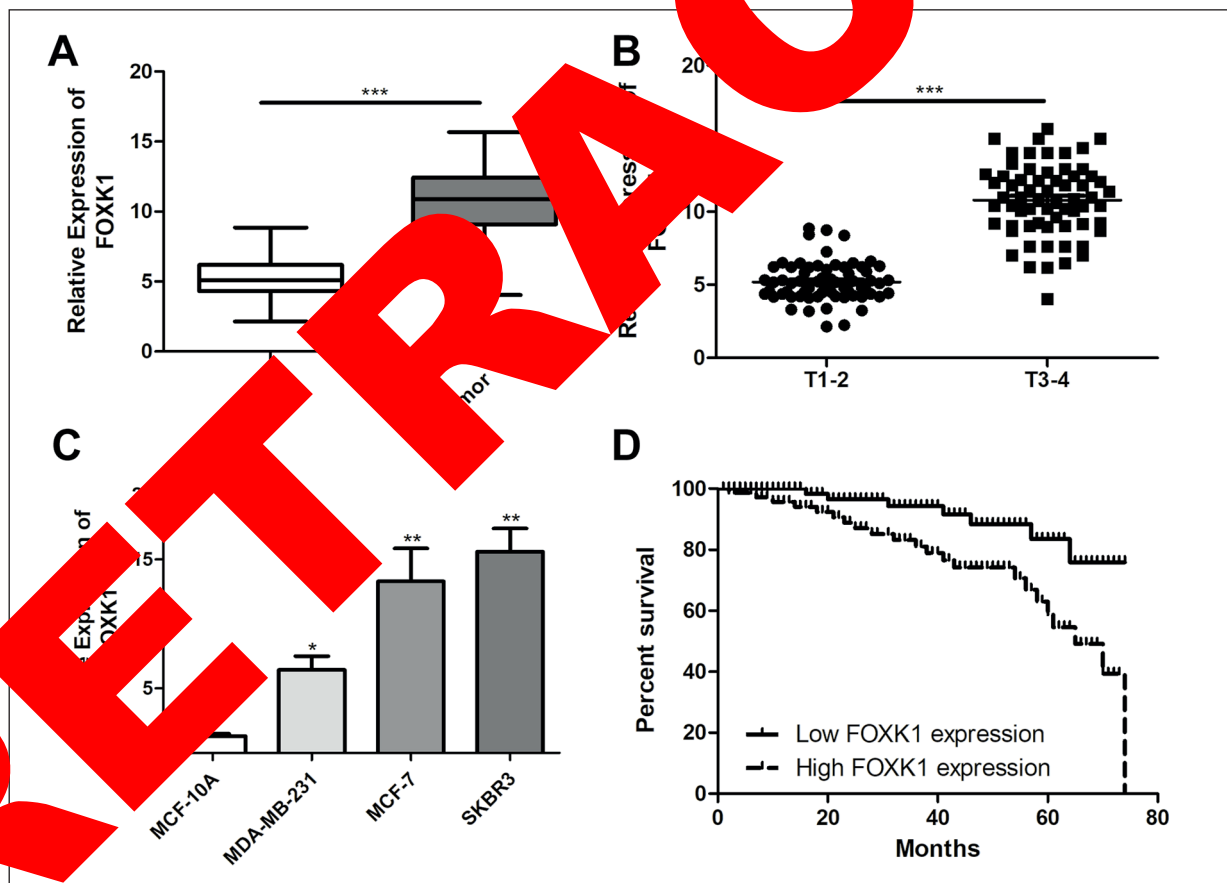
### Statistical Analysis

GraphPad Prism 5 V5.01 software (La Jolla, CA, USA) was used for all statistical analysis. Student's *t*-test was used to compare the difference between the two groups. One-way ANOVA was performed to compare the difference among different groups, followed by Post-Hoc Test (Least Significant Difference). Independent experiments were repeated at least three times. Experimental data were represented as averaged  $\pm$  standard deviation. There were three levels of  $p < 0.05$ ,  $p < 0.01$  and  $p < 0.001$  as the significance level, and  $p < 0.05$  was considered statistically significant.

### Results

#### FOXK1 Was Highly Expressed in BCa Tissues and Cell Lines

To determine the role of FOXK1 in BCa, we first collected 65 pairs of BCa tissues and adjacent para-cancerous tissues. The differences of FOXK1 expression in BCa tissues and para-cancerous tissues were detected by qRT-PCR. The results showed that FOXK1 level was significantly elevated in BCa tissues when compared with para-cancerous tissues (Figure 1A), suggesting that FOXK1 might act as a common up-regulated gene in BCa. In addition, we found that FOXK1 level in patients with T3-4 tumor was markedly higher than in those with T1-2 tumor (Figure 1B). At the same time, the expression level of FOXK1 in BCa cell lines was detected. The results demonstrated that FOXK1 expression in BCa cells was con-



**Figure 1.** FOXK1 was highly expressed in BCa tissues and cell lines. **A**, QRT-PCR detection of FOXK1 level in BCa tissues and adjacent tissues. **B**, QRT-PCR detection of BCa tumor histo-pathological grades between T1-2 and T3-4 level of FOXK1. **C**, QRT-PCR was used to detect the level of FOXK1 in BCa cell lines. **D**, Kaplan-Meier survival curve of BCa patients based on FOXK1 level. The prognosis of patients with higher level of FOXK1 was significantly worse than that of patients with lower level. Data were represented as mean  $\pm$  SD. \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$ .



spicuously higher than that of normal breast cell line MCF-10A. Among them, MCF-7 and SKBR3 cell lines expressed the highest level of FOXK1 (Figure 1C).

### **FOXK1 Level Was Correlated With Clinical Stage and Overall Survival of BCa Patients**

According to qRT-PCR results in 65 pairs of BCa tissues and para-cancerous tissues, all patients were divided into high FOXK1 expression group and low FOXK1 expression group, respectively. The number of patients in each group was counted. Subsequently, the relationship between FOXK1 expression and age, gender, pathological stage, lymph node metastasis and distant metastasis of BCa patients was analyzed by Chi-square test. As shown in Table I, a high level of FOXK1 was positively correlated with pathological stage of BCa. In addition, to explore the relationship between the expression level of FOXK1 and the prognosis of BCa patients, we collected relevant follow-up data. The Kaplan-Meier survival curves showed that high expression of FOXK1 was significantly associated with poor prognosis of BCa patients. Higher FOXK1 level indicated a worse prognosis of patients ( $p < 0.05$ ; Figure 2E).

### **Knockdown of FOXK1 Inhibits the Proliferation of BCa Cells**

To explore the effects of FOXK1 on the proliferation of BCa cells, the FOXK1-silencing plasmid

was first successfully constructed. Transfection efficiency was verified by qRT-PCR and Western blot assay (Figure 2A, 2B). Subsequently, the proliferation of cells in the NC group and FOXK1 interference group FOXK1-S was detected by CCK-8 and colony formation assay. The results showed that the proliferation rate of cells in FOXK1-S group was significantly decreased when compared with the NC group (Figure 2C, 2D).

### **Knockdown of FOXK1 Inhibits the Apoptosis of BCa Cells**

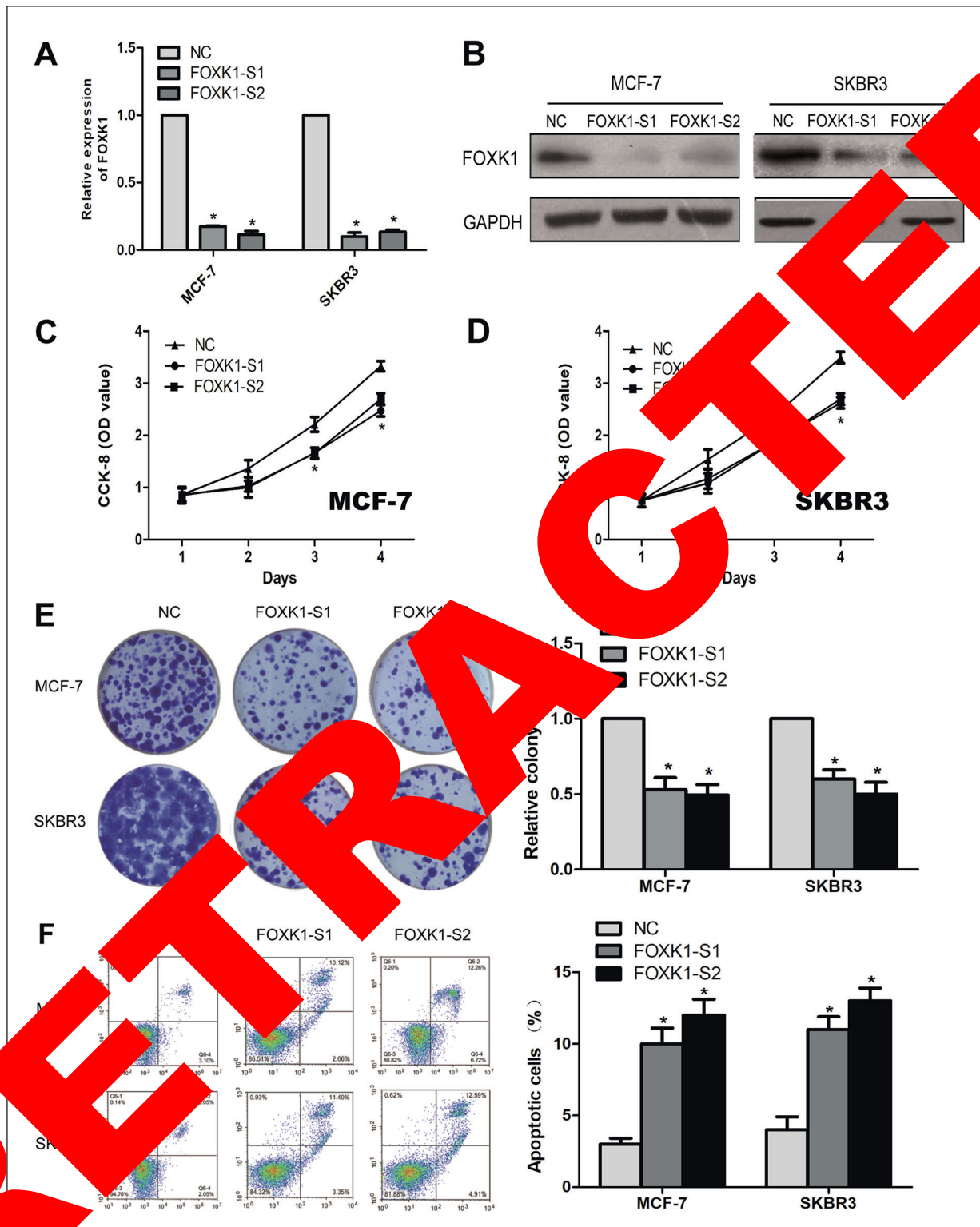
To explore the effects of FOXK1 on the apoptosis of BCa cells, we first transfected NC and FOXK1-S (FOXK1 interference) sequence into BCa cells. Cell apoptosis was measured by flow cytometry. Annexin V-FITC double staining results showed that the apoptosis rate of cells in the FOXK1-S group was remarkably higher than that in the NC group (Figure 2F).

### **Knockdown of FOXK1 Decreased the Level of p-PI3K/AKT/mTOR Signaling Pathway**

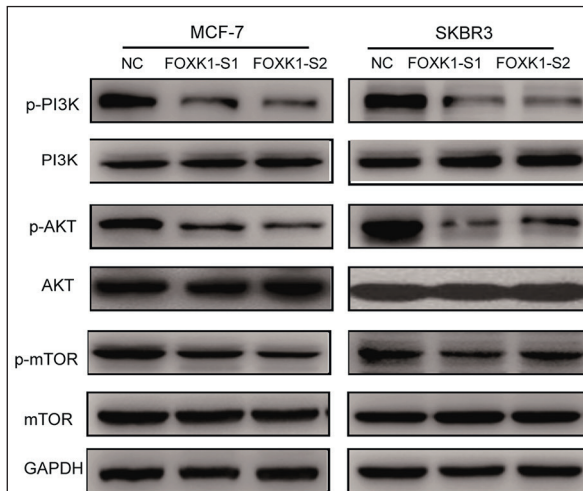
Western blot assay was used to further explore the mechanism in which FOXK1 promoted the malignant progression of BCa. The results showed that the protein levels of p-PI3K, p-AKT and p-mTOR in the PI3K/AKT/mTOR pathway were markedly increased after silencing of FOXK1 (Figure 3).

**Table I.** Association of FOXK1 expression with clinicopathologic characteristics of breast cancer.

Parameters	Number of cases	FOXK1 expression		p-value
		Low (%)	High (%)	
Age (years)				
< 60	30	17	13	0.673
≥ 60	35	18	17	
Gender				0.783
Male	25	14	11	
Female	40	21	19	
T stage				0.018
T1	32	22	10	
T2	33	13	20	
Lymph node metastasis				0.297
No	28	13	15	
Yes	37	22	15	
Distance metastasis				0.128
No	39	24	15	
Yes	26	11	15	



**Figure 2.** Knockdown of FOKK1 inhibited the proliferation and apoptosis of BCa cells. **A**, QRT-PCR verified the interference efficiency of small interference transfection of FOKK1 in MCF-7 and SKBR3 cell lines. **B**, Western blot verified the interference efficiency after small interference transfection of FOKK1 in MCF-7 and SKBR3 cell lines. **C**, **D**, CCK-8 assay detected the effect of FOKK1 on the proliferation of BCa cells (MCF-7 and SKBR3). **E**, Colony formation assay detected the proliferation of MCF-7 and SKBR3 cell lines after interference with FOKK1 (Magnification  $\times 40$ ). **F**, Flow cytometry assay detected the effect of interference with FOKK1 on the apoptosis of BCa (MCF-7 and SKBR3). Data were represented as mean  $\pm$  SD. \* $p < 0.05$ .



**Figure 3.** The mechanism of FOXK1 in the regulation of the PI3K/AKT/mTOR signaling pathway in BCa cells. Western blotting verified the protein expression levels of PI3K, AKT and mTOR after interference with FOXK1 in MCF-7 and SKBR3 cell lines.

### PI3K/AKT/mTOR Signaling Pathway Inhibitor PI3K $\alpha$ /mTOR-IN-1 Reversed FOXK1 Induced Carcinogenesis

To further explore the mechanism of FOXK1 in BCa, we successfully constructed FOXK1 overexpression model. Then, the PI3K/AKT/mTOR pathway inhibitor PI3K $\alpha$ /mTOR-IN-1 was added and FOXK1 level was detected by qPCR and Western blot assay (Figure 4A). Importantly, CCK-8 and colony formation assay were performed to detect the proliferation of cells in the FOXK1 group and FOXK1+PI3K $\alpha$ /mTOR-IN-1 group. Meanwhile, flow cytometry was applied to detect cell apoptosis. As a result, the proliferation rate of cells in FOXK1+PI3K $\alpha$ /mTOR-IN-1 group was significantly decreased when compared with the FOXK1 group (Figure 4B, 4D, 4E). Annexin V-FITC/PI double staining results showed that apoptosis rate of cells in the FOXK1+PI3K $\alpha$ /mTOR-IN-1 group was markedly higher than that of FOXK1 group (Figure 4F).

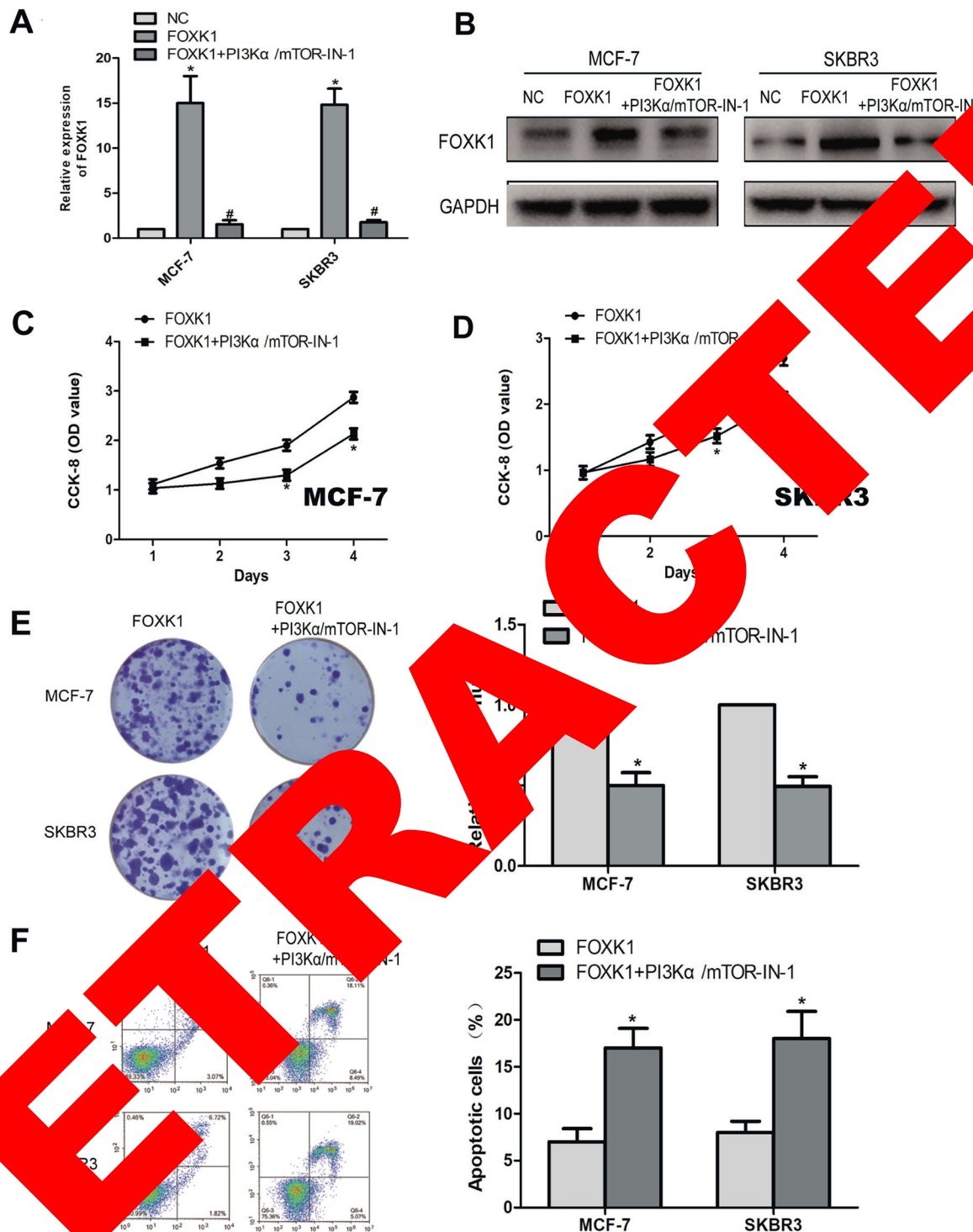
### Discussion

In recent years, due to changes in dietary structure and lifestyle, as well as the combination of environmental and biological factors, the incidence of BCa has shown an upward trend<sup>1-3</sup>. Currently, BCa is one of the most common malignant tumors among women, which is also a

major risk for cancer-related deaths<sup>2-4</sup>. Rapid progression is the leading cause of death of BCa patients, accounting for more than 90% of deaths<sup>5,6</sup>. Researchers<sup>6-8</sup> have found that malignant grade and active cells can enter the body's circulation system before the diagnosis of tumors, emphasizing the importance of early diagnosis of BCa to prevent metastasis. Therefore, searching for molecular markers related to proliferation can greatly improve the diagnosis rate of BCa patients. This can also provide effective and feasible treatment strategies<sup>6-9</sup>.

The forkhead (FOX) gene family encodes transcription factors that encode a variety of proteins. These proteins exert regulatory functions, which are involved in the maintenance of embryonic development and metabolic balance<sup>10-12</sup>. The structural characteristic of these transcription factors is that they have a highly conserved DNA binding domain in evolution, namely winged domain or forkhead domain<sup>10</sup>. FOXK1 is a sequence-specific DNA binding protein binding to the myoglobin CCGTGG sequence. Studies<sup>12-15</sup> have indicated that FOXK1, known as myocyte nuclear factor of myoblasts, is located on chromosome 5 in humans, consisting of 9 sub-component. In the FOXK1 gene, FOXK1 at the amino acid level, human FOXK1 gene (consisting of 733 amino acids) and mouse FOXK1 gene (consisting of 791 amino acids) have 88.7% homology<sup>16</sup>. At present, people have gained some understanding of the promotional effects of FOXK1 on the development and progression of tumors. There are preliminary reports on FOXK1 in colorectal cancer, intestinal cancer and osteosarcoma. However, the exact role of FOXK1 in BCa remains unclear<sup>13-16</sup>. In BCa cells, transcription factors of FOXK1 and FOXK2 are DVL (Dishevelled)-related proteins. These two transcription factors can promote DVL nuclear translocation and activate the Wnt/b-catenin signaling pathway. Meanwhile, FOXK1 and FOXK2 are highly expressed in human BCa tissues<sup>15,16</sup>. Furthermore, it has been found<sup>16</sup> that the deletion of FOXK1 and FOXK2 can simultaneously inhibit the Wnt pathway, cell proliferation and *in situ* implanted tumors.

Nowadays, abnormal expression of FOXK1 has been found in a variety of tumors of different organs of the body. This suggests<sup>12-14</sup> that it may be associated with malignant progression of tumors. In our work, we collected a large number of clinical BCa samples for the first time to explore the role of FOXK1 in BCa development. The expressions of FOXK1 in fresh BCa surgical



**Figure 4.** PI3K/AKT/mTOR pathway inhibitor PI3K $\alpha$ /mTOR-IN-1 reversed the malignant progression of BCa cells induced by FOXK1. **A**, QRT-PCR verified the expressions of FOXK1 in MCF-7 and SKBR3 cell lines of FOXK1 overexpressing and FOXK1+PI3K $\alpha$ /mTOR-IN-1 groups. **B**, Western blot revealed the protein expression of FOXK1 in MCF-7 and SKBR3 cell lines of FOXK1 overexpressing and FOXK1+PI3K $\alpha$ /mTOR-IN-1 groups. **C**, **D**, CCK-8 assay demonstrated that PI3K $\alpha$ /mTOR-IN-1 reversed the effect of FOXK1 on the proliferation of BCa cells. **E**, Colony formation assay revealed the effect of PI3K $\alpha$ /mTOR-IN-1 on the proliferation of MCF-7 and SKBR3 cell lines (Magnification  $\times 40$ ). **F**, Flow cytometry was performed to detect the effect of FOXK1+PI3K $\alpha$ /mTOR-IN-1 on the apoptosis of MCF-7 and SKBR3 cell lines. Data were represented as mean  $\pm$  SD. \* $p < 0.05$ .



specimens and BCa cell lines were detected at both transcriptional and protein levels. The results showed that the expressions of FOXX1 were significantly increased in most BCa tissues and BCa cell lines when compared with para-cancerous tissues and normal BCa cell line MCF-10A, respectively. The above experimental results indicated that a high level of FOXX1 played an extremely important role in the development and progression of BCa. To further understand the effects of FOXX1 on the biological behaviors of BCa cell lines, CCK-8 cell proliferation assay, colony formation assay and flow cytometry were performed in BCa cells overexpressing and down-expressing FOXX1. We found that FOXX1 markedly promoted the proliferation of BCa cells and inhibited cell apoptosis, thereby playing an important role in BCa. However, the specific molecular mechanism remained unclear.

As a signal transduction pathway, the PI3K/AKT/mTOR signaling pathway is widely involved in cell growth, proliferation and differentiation regulation. PI3K plays an important role in the development, progression, treatment and outcome of malignant tumors<sup>17</sup>. The PI3K signaling transduction pathway has also been recognized as an important pathway for BCa research for many years<sup>23</sup>. Besides, AKT, protein kinase B (PKB), a Ser/Thr protein kinase that is closely related to the development of malignant tumors, is also a downstream effector of PI3K. AKT is considered as a key link in the PI3K/AKT/mTOR signaling transduction pathway, which is regulated by phosphorylation. Activated AKT initiates a series of cellular physiological processes by regulating substrate proteins. Multiple malignant cells have been confirmed to activate AKT abnormally<sup>24</sup>. Therefore, the expression of the occurrence and regulation mechanism of PI3K/AKT/mTOR is essential to search for new targets for the treatment of BCa, especially tumor cell metastasis. In the current work, to understand whether FOXX1 promoted the development of BCa by regulating the PI3K/AKT/mTOR signaling pathway, Western blot was performed to detect the expression levels of key proteins in the PI3K/AKT/mTOR signaling pathway after knockdown of FOXX1. The results showed that the expression levels of key proteins, including PI3K, AKT and mTOR, were remarkably decreased after knock-down of FOXX1. This indicated that FOXX1 might play an important role in promoting the proliferation and inhibiting the apoptosis of BCa. Subsequently, we used the pathway inhibitor PI3K $\alpha$ /mTOR-

IN-1 to further verify whether FOXX1 promoted the malignant progression of BCa through this signaling pathway. It was found that PI3K $\alpha$ /mTOR-IN-1 could successfully reverse the promoting effect of BCa caused by FOXX1. With the progress of research, further understanding the roles of specific genes in the biological functions and the development of tumors will be more conducive to the diagnosis, treatment and prognosis of tumors.

## Conclusions

FOXX1 expression was significantly increased in BCa tissues and cell lines. Meanwhile, its expression was associated with pathological stages and poor prognosis of BCa. In addition, FOXX1 might promote the proliferation and inhibit cell apoptosis of BCa by regulating the PI3K/AKT/mTOR signaling pathway.

## Conflicts of Interest

The Authors declare that they have no conflict of interests.

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